



# Sprenger Health Care Employee Newsletter December 2021

**A newsletter for Sprenger Health Care Staff.**

**Sprenger Health Care Systems Mission, Vision & Values**

## Mission

Empower people to anticipate and exceed customer expectations.

## Vision

A legacy built through premier services for our  
customers and communities.

## Core Values

Innovate, Compassion, Creativity, Integrity and Collaboration.



## Happy Holidays From Our Family to Yours!



As the holidays draw near and 2021 comes to a close, we find ourselves reflecting on the events of this past year and the things we hold dearest.

At Sprenger Health Care, that's **YOU**, our employees who make it all possible each and every day. Your hard work, dedication and unwavering commitment to this company and to our residents and families is truly the greatest gift we could ever receive.

This year has not been without its set of challenges but in the midst of it, we've experienced a great number of accomplishments such as the rollout of a new timekeeping/payroll system (PayCom), Autumn Aegis and Heather Knoll both receiving a five-star CMS rating, Sprenger Bluffton being awarded a VA contract and the company's partnership with Buffalo Pacific to offer 3-D Holographic Medicine services to residents, amongst other things. This is all a testament to your resiliency, support, kindness and compassion which has helped us overcome the hurdles and grow and learn along the way.

For this and much more, we cannot stress enough how grateful and fortunate we feel to have team members like you. We could not do it without you.

**Happy Holidays!\**

## Let Us Pay Your Bills Contest!

Don't break the bank paying for those holiday gifts this season. Let us help you pay your bills!

Now through January 1st, any Sprenger staff member at the facility level that has perfect attendance during a pay period will receive one ticket into Sprenger's Let Us Pay Your Bills Contest. Employees that pick up extra shifts during a pay period can also receive an additional contest entries.

All full-time, part-time and hourly staff are eligible!

At the end of the contest, we will draw (1) \$500 grand prize winner per campus!

More tickets means more chances to win! So what are you waiting for? Get entered today and let us make your holidays a little brighter!





# National Handwashing Awareness Week



The COVID-19 pandemic has highlighted the importance of good hand hygiene like never before, but did you know that December 6th-12th is National Handwashing Awareness Week?

Keeping your hands clean is one of the easiest and best things you can do for your health. This is because washing your hands regularly can help prevent the spread of bacteria, foodborne illnesses and respiratory viruses. The CDC states that it estimated that washing hands with soap and water could reduce diarrheal disease-associated deaths by up to 50%. A quick rinse, however is not enough to kill germs.

Follow these five steps to ensure your hands are properly washed:

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

When soap and water is not readily available, be sure to use an alcohol-based hand sanitizer that contains at least 60% alcohol. It's important to note that hand sanitizers do not remove harmful chemicals from hands and do not kill all types of bacteria and are less effective when hands are visibly dirty or greasy. In this case, following-up with soap and water is highly recommended.

Maintaining good hand hygiene is key to keeping yourself and others healthy. So lather up, for yourself, for your coworkers and for your community.

Happy Scrubbing!

## Congratulations to this month's Sprenger STARS!

Do you know a Sprenger employee who goes above and beyond for our residents and peers?

Nominate them for the Sprenger STARS program, a special employee program recognizing the outstanding efforts of staff members who are committed to the betterment of their community by displaying **TEAMWORK**, creating **AWARENESS**, sharing **RESPONSIBILITY** and providing exceptional **SERVICE**.

This month's STARS are:

- **Michelle Hickson**, STNA at Sprenger Health Care Port Royal
- **Mattie Tucker**, Restorative Nurse at Heather Knoll Health & Rehabilitation
- **Ernastine Cox**, Scheduler at Sprenger Health Care Port Royal
- **Heather White**, STNA at Elms Retirement Village

Honorable STAR mentions include:

- Catherine Hagel, Cris Fondriest, Sadie-Marie Schaffert, Tracy Davis, Lillian Kennedy, Lisa Glick and Sara Kahn

Congratulations to this month's STARS and nominees! Thanks for shining bright!

Visit <https://www.sprengerhealthcare.com/employee-resources/sprenger-stars/> to nominate a Sprenger STAR online or complete a Sprenger Stars Nomination Card located at the front desk!

STAR submissions are reviewed and voted upon by a special committee monthly. Nominees must have good attendance and a clean employment record to be eligible for selection.



Please complete this form in its entirety; including your name, the date, the staff member's name and a brief description of what they did to deserve recognition as a "Sprenger STAR".

I wish to recognize the following employee for a STAR award:

\_\_\_\_\_


Please Clearly Write Employee's Name Here

Please share your compliment with us:

\_\_\_\_\_

Submitted by: \_\_\_\_\_

Date: \_\_\_\_\_



**Now  
Hiring**

## Open Positions

Looking to advance your career? Visit [www.sprengerhealthcare.com/careers](http://www.sprengerhealthcare.com/careers) to view and search for all open positions at Sprenger Health Care Systems!

## Upcoming Events

December 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> National Pie Day	<b>2</b> -Dress as your favorite decade. 50's, 60's, 70's...	<b>3</b>	<b>4</b> National Cookie Day
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b> -Holiday Hat Day (Santa hats, elf hats, etc.)	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> National Cupcake Day	<b>16</b> -Ugly Christmas Sweater Day	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> Holiday Spirit, dress in red and green	<b>24</b> Christmas Eve	<b>25</b> Christmas
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> -Neon day, dress in neon to celebrate the new year	<b>31</b> New Year's Eve	



## Connect with Sprenger on Social Media!

Follow us on [Facebook](#) and LinkedIn to stay up-to-date on the latest news from Sprenger Health Care!