

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ASSISTED LIVING

January 2022

10:00 BINGO (AR) **1**
 11:00 MORNING MIMOSAS (BAR)
 1:30 MOVIE MATINEE (AR) JULIE & JULIA
 3:00 HAPPY HOUR (BAR)
 5:00 108TH ROSE BOWL GAME UTAH/ OHIO STATE
New Year's Day

9:30 CHURCH SERVICES **2** (CHAPEL)
 10:00 COFFEE & CHAT
 10:30 COMMUNION
 11:00 DOMINOES
 2:00 MUSIC THERAPY (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 VIRTUAL Tour (ITALY)

10:00 YOGA W/STEPHEN **3**
 11:00 Lunch Date (Fat Pattie)
 1:00 Noodle Ball (AR)
 2:00 jewelry w/ Ellen (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 EXERCISE W/ THERAPY (AR) **4**
 11:00 ST. HELENA CHURCH (CHAPEL)
 1:00 STRIKE OUT (BOWLING)
 2:00 ARTS & CRAFTS (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 FIREPLACE CHAT (LR)

10:00 YOGA W/STEPHEN **5**
 11:00 PICTONARY(AR)
 1:00 JEWELRY W/ ELLEN (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 GETTING TO KNOW **6** PARKINSONS (AR)
 11:00 NAIL CARE
 1:00 KRAZY KAZOOS (AR)
 1:30 PRAYER W/ JOSH (LR)
 3:00 HAPPY HOUR (BAR)
 6:00 MUSIC & RELAXATION

10:00 CHAIR YOGA (AR) **7**
 11:00 RECIPE SHARING (AR)
 1:00 COOKING CLUB (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR W/ JAMES SEEM (BAR)
 6:00 Evening News (ch.11)

10:00 BINGO (AR) **8**
 11:00 MORNING MIMOSAS (BAR)
 1:30 MOVIE MATINEE (AR) DRIVING MISS DAISY
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS (CH.11)

9:30 CHURCH SERVICES **9** (CHAPEL)
 10:00 COFFEE & CHAT
 10:30 COMMUNION
 11:00 CONNECT FOUR
 2:00 MUSIC THERAPY (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 VIRTUAL Tour (ASIA)

10:00 YOGA W/STEPHEN **10**
 11:00 Shopping Trip/sign up
 1:00 Noodle Ball (AR)
 2:00 JEWELRY W/ ELLEN (AR)
 2:30 Therapy Dogs
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 EXERCISE W/ THERAPY (AR) **11**
 11:00 ST. HELENA CHURCH (CHAPEL)
 1:00 STRIKE OUT (BOWLING)
 2:00 ARTS & CRAFTS (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 FIREPLACE CHAT (LR)

10:00 YOGA W/STEPHEN **12**
 11:00 Checkers (AR)
 1:00 JEWELRY W/ ELLEN (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 GETTING TO KNOW **13** PARKINSONS (AR)
 11:00 Resident Council (AR)
 11:30 Food Forum (AR)
 1:30 ROSARY W ST PETERS (CHAPEL)
 3:00 HAPPY HOUR (BAR)
 6:00 MUSIC & RELAXATION

10:00 CHAIR YOGA (AR) **14**
 11:00 RECIPE SHARING (AR)
 1:00 COOKING CLUB (AR)
 2:00 BINGO (AR)
 2:30 Therapy Dogs
 3:00 HAPPY HOUR W/ DEBBIE (BAR)
 6:00 Evening News (ch.11)

10:00 BINGO (AR) **15**
 11:00 MORNING MIMOSAS (BAR)
 1:30 MOVIE MATINEE (AR) SAVING MR. BANKS
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS (CH.11)

9:30 CHURCH SERVICES **16** (CHAPEL)
 10:00 COFFEE & CHAT
 10:30 COMMUNION
 11:00 DOMINOES
 2:00 MUSIC THERAPY (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 VIRTUAL Tour (NYC)

10:00 YOGA W/STEPHEN **17**
 11:00 Lunch Date (JCT)
 1:00 Noodle Ball
 2:00 jewelry w/ Ellen (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11
Martin Luther King Jr. Day

10:00 EXERCISE W/ THERAPY (AR) **18**
 11:00 ST. HELENA CHURCH (CHAPEL)
 1:00 STRIKE OUT (BOWLING)
 2:00 ARTS & CRAFTS (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 FIREPLACE CHAT (LR)

10:00 YOGA W/STEPHEN **19**
 11:00 UNO (AR)
 1:00 JEWELRY W/ ELLEN (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 GETTING TO KNOW **20** PARKINSONS (AR)
 11:00 NAIL CARE
 1:00 KRAZY KAZOOS (AR)
 1:30 PRAYER W/ JOSH (LR)
 3:00 HAPPY HOUR W/ Nick Demarco (BAR)
 6:00 MUSIC & RELAXATION

10:00 CHAIR YOGA (AR) **21**
 11:00 RECIPE SHARING (AR)
 1:00 COOKING CLUB (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 Evening News (ch.11)

10:00 BINGO (AR) **22**
 11:00 MORNING MIMOSAS (BAR)
 1:30 MOVIE MATINEE (AR) THE BUCKET LIST
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS (CH.11)

9:30 CHURCH SERVICES **23** (CHAPEL)
 10:00 COFFEE & CHAT
 10:30 COMMUNION
 11:00 CONNECT FOUR
 2:00 MUSIC THERAPY (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 VIRTUAL Tour (DC)
Activity Professionals Week

10:00 YOGA W/STEPHEN **24**
 11:00 Shopping Trip/sign up
 1:00 NOODLE BALL(AR)
 2:00 JEWELRY W/ ELLEN (AR)
 2:30 Therapy Dogs
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

10:00 EXERCISE W/ THERAPY (AR) **25**
 11:00 ST. HELENA CHURCH (CHAPEL)
 1:00 STRIKE OUT (BOWLING)
 2:00 Book to Movie Club
 3:00 HAPPY HOUR (BAR)
 6:00 FIREPLACE CHAT (LR)

10:00 YOGA W/STEPHEN **26**
 11:00 PCTIONARY (AR)
 1:00 JEWELRY W/ ELLEN (AR)
 2:00 BINGO (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11
Australia Day (observed)

10:00 GETTING TO KNOW **27** PARKINSONS (AR)
 11:00 NAIL CARE
 1:00 KRAZY KAZOOS (AR)
 1:30 ROSARY W ST PETERS (CHAPEL)
 3:00 HAPPY HOUR (BAR)
 6:00 MUSIC & RELAXATION

10:00 CHAIR YOGA (AR) **28**
 11:00 RECIPE SHARING (AR)
 1:00 COOKING CLUB (AR)
 2:00 BINGO (AR)
 2:30 Therapy Dogs
 3:00 HAPPY HOUR (BAR)
 6:00 Evening News (ch.11)

10:00 BINGO (AR) **29**
 11:00 MORNING MIMOSAS (BAR)
 1:30 MOVIE MATINEE (AR) SECONDHAND LIONS
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS (CH.11)

9:30 CHURCH SERVICES **30** (CHAPEL)
 10:00 COFFEE & CHAT
 10:30 COMMUNION
 11:00 DOMINOES
 2:00 MUSIC THERAPY (AR)
 3:00 HAPPY HOUR (BAR)
 6:00 VIRTUAL Tour (ASIA)

10:00 YOGA W/STEPHEN **31**
 11:00 NOODLE BALL(AR)
 1:00 JEWELRY W/ ELLEN (AR)
 2:00 Milkshake Monday (BISTRO)
 3:00 HAPPY HOUR (BAR)
 6:00 EVENING NEWS CH.11

Happy Birthday
 Marcie Hatfield 1/9
 Inez Williams 1/24
 Bert Cooper 1/24
 Dulcie Knoll 1/24

Upcoming Events/Sign Up Required/Seats Limited
 Book to Movie Club @ 2:30pm on 1/25 at The BFT Library
 Shopping Trips Every Other Tuesday
 Lunch Trips Every Other Tuesday
 Activities are subject to change