

Springer Health Care Employee Newsletter June 2022

A newsletter for Springer Health Care Staff.

Springer Health Care Systems Mission, Vision & Values

Mission

Empower people to anticipate and exceed customer expectations.

Vision

A legacy built through premier services for our customers and communities.

Core Values

Innovate, Compassion, Creativity, Integrity and Collaboration.

National Nursing Assistant Week



June 16th-23rd is National Nursing Assistant Week!

Nursing Assistants dedicate their lives to the well-being of others, providing direct care and support to residents to ensure that all of their basic needs are met. At Sprenger Health Care, we believe we have some of the best STNAs in the industry.

Click below to read a few special moments/memories involving our nursing assistants:

"Pam Justice knew a resident loved a certain flower. She went out and bought the flower and pots. They planted the flowers together to bring joy to the resident."

"The night shift aides on 300 hall at Towne Center celebrated a resident's birthday as he had no family that visited him. They brought him cake and presents. They made him feel like a king. The aides are his family at Towne Center and gave him a moment he won't forget."

"I have always said that our STNAs are the backbone of our team. They are the face of our facility, the direct caregivers seen daily by our residents. The job is not glamorous, and it cannot be done without the willingness to 'get your hands dirty' and perform tasks that residents cannot complete themselves. I have seen them laugh with our residents, cry with them, hug them, cheer for their progress, encourage them, call their families for them, and hold their hands during their last moments."

"Residents would watch a pregnant caregiver through her whole pregnancy, and aides would bring in their new baby to meet the residents. It was priceless what that small gesture meant to them!"

"During our first COVID Outbreak at Anchor Lodge, 'lockdown' was very hard on everyone. There were STNAs who stayed past the time they clocked out to make sure that residents without visitors due to the pandemic did not die alone. STNAs work very hard, and their dedication to the lives of our residents is truly inspiring."

"An STNA took a resident with no family home for Thanksgiving, and he was thrilled to be a part of a family gathering. Aides have brought in home cooked food, Christmas gifts, favorite body wash, clothing, cupcakes - anything to make someone's day. Our residents are family!"

These are just a few of the countless stories/memories our STNAs are making at our facilities each and every day. As an organization, we celebrate National Nursing Assistants Week to not only thank our dedicated nursing assistants but remind them just how critical and important their work to this organization and to our families and residents who depend on them daily.

THANK YOU!

Meet WellSpring Administrator Herbert Grigat!

Please help us welcome Herbert Grigat to the WellSpring team!

Herbert is the Regional Administrator at WellSpring. He comes to the organization with over 30 years of experience in the healthcare and hospice industry. His passion for helping others began when he was a young man serving in the German Army Special Forces as an Officer and Medic. Upon exiting the military, he graduated from nursing school where he received his MSN in Public Health, earned his MBA in Medical Management and Education, worked in a hospital Intensive Care Unit, became Chief Nursing Officer (CNO) of a 740-bed clinic and started working as a Consultant.



Some of his greatest learning lessons and one of his greatest honors, however, came after receiving the opportunity to intern with Dame Cicely Saunders, otherwise known as the “Florence Nightingale” and founder of the hospice industry, for three months.

“She changed my life professionally,” said Herbert. “She was a visionary and the people loved her. After my time with her, I started to view the healthcare industry in a new light, started to notice differences between healthcare in Europe and the U.S., and began to spot areas for improvement not only for patients but for the families and staff members.”

Now at WellSpring, he has big goals for the brand and is excited to bring his vast experience to the company.

“I see ourselves becoming the #1 go-to organization for any medical needs that do not require hospitalization but I know it’s going to take time, committed team members and us going out into the community to make connections. I’m optimistic about the future and with the support of senior leadership, I’m confident of our ability to make a difference.”

Looking ahead, Herbert said he’s eager to develop a core team that he hopes will include a certified wound care specialist and nutritionist in addition to offering mental health services for families, patients and staff members. With the company’s recent launch, however, Herbert knows the most challenging work will come from educating the public about WellSpring and why hospice care doesn’t have to be so grim.

“There are so many misconceptions about hospice care and most are from within the medical community. My goal is to help break those myths, educate the public, create experiences, and show families that there can be compassion and dignity in death.”

Alzheimer's & Brain Awareness Month



June is Alzheimer's & Brain Awareness Month — a chance to raise awareness about the disease and show support for the millions of individuals worldwide currently living with Alzheimer's or some other form of dementia.

Alzheimer's disease is the most common form of dementia, affecting parts of the brain that control thought, memory and language. There is currently no cure for Alzheimer's but there are medications available to treat and slow the progression of the disease.

In recognition of this month, here are a 10 early signs of Alzheimer's disease according to the Alzheimer's Association:

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks
- Confusion with time or place
- Trouble understanding visual images or spatial relationships
- New problems with with words in speech or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgement
- Withdrawal from work or social activities
- Changes in mood or personality

If you or a loved one is experiencing any of these symptoms, we urge you to visit a doctor to get tested for Alzheimer's. Early detection is critical to maximizing your treatment options and offer you more time to plan and prepare for the future.

Men's Health Month

June is National Men's Health Month!

Men's Health Month is celebrated annually to raise awareness about men's health issues and encourage the men in your life to take care of themselves both physically and mentally by way of annual wellness visits, staying active and maintaining a healthy lifestyle.



Did you know that men make half as many physician appointments for preventative health care services than women and are also less likely to carry health insurance? Many attribute this to males being too busy and often putting the needs and health of their loved ones before themselves. It's for this reason that this month is so greatly needed. It's all about encouraging men to make their health a priority — because in order for them to be present and able to take care of their families, they must first take care of themselves.

In recognition of this annual observance, here are a few men's health facts you may not know:

1. Men are twice as likely to die from heart disease at an early age.
2. Each year, 230,000 men are diagnosed with prostate cancer — the second leading cause of death in men.
3. The average life expectancy for men in the United States is about 5 years less than women in the states.
4. Only 30% of a man's overall health is determined by his genetics. The other 70% is controllable through lifestyle changes and habits.
5. 40.5% of men aged 20 and over suffer from obesity.
6. Over 40% of men visit a doctor when they think they have a serious medical condition.

Don't wait until it's too late to see a doctor or therapist to examine and discuss your health. Early detection and preventative health measures can help you achieve your best health and allow you to enjoy spend the most time with your loved ones.

June Sprenger STARs



Do you know a Sprenger employee who goes above and beyond for our residents and peers?

Nominate them for the Sprenger STARs program, a special employee program recognizing the outstanding efforts of staff members who are committed to the betterment of their community by displaying **TEAMWORK**, creating **AWARENESS**, sharing **RESPONSIBILITY** and providing exceptional **SERVICE**.

This month's STARs are:

- **Crystal Seaver**, Housekeeping Aide at Sprenger Rose Lane
- **Michelle Storsin**, Sprenger Health Care Massillon DON



Honorable STAR mentions include:

Ebony Hall, Cindy France, Val Thompson, Cris Fondriest, Nicole Hoover, Lynsey Walters, Xavier Vazquez, Tim Miller and Abagael Minninger.

Congratulations to this month's STARs and honorable mentions! Thanks for shining bright!

Visit <https://www.sprengerhealthcare.com/employee-resources/sprenger-stars/> to nominate a Sprenger STAR online or complete a Sprenger STARs Nomination Card located at the front desk!

STAR submissions are reviewed and voted upon by a special committee monthly. Nominees must have good attendance and a clean employment record to be eligible for selection.

Department Head Spotlight



This month, Sprenger Health Care is shining a spotlight on two outstanding department heads that are touching the hearts of our residents, families and team members each and every day — **Cathy Phillips** and **Jackie Deidrick**!

Cathy is the Regional Dietary Director at Sprenger Health Care Heather Knoll. She is nominated by her colleagues this month for her caring nature and continuous willingness to help others in and outside of the facility.

"Cathy is a leader in the dietary department company-wide. She has lent her expertise and support to other buildings, assisting with surveys and helping to teach and implement processes," said Michael Patyak, Sprenger Health Care Heather Knoll Administrator. "Cathy is approachable, works well with others, and displays a team-player mentality on a regular basis. Cathy's years (I think it is like 30) of dedication to the company make her an indispensable asset. Heather Knoll and Sprenger as a whole is very fortunate to have Cathy to provide leadership in the dietary department!"

Jackie is currently HR/Payroll Processor at Sprenger Health Care Amherst Manor and has been with the organization since 2018. She is described by her peers as someone who never complains, is always willing to lend a helping hand, and someone who continuously has a smile on her face.

"Jackie is a true team player, always willing to assist and support our employees and happy to contribute to team projects," said Nikki Rollins, Administrator at Sprenger Health Care Amherst Manor. "Her hard work and dedication are inspiring and an example to everyone. Congratulations on being recognized as this month's employee spotlight, well deserved!"

Congratulations Cathy and Jackie!

Employee Birthdays

Taren Johnson	06/01	GMS	April Scheimann	06/17	The Elms
Cynthia Lange Judal	06/01	Autumn Aegis	Melissa Hedrick	06/18	Grande Village
Mallory Mcdonald	06/01	Rose Lane	Minerva Rodriguez	06/18	Anchor Lodge
Andra Schofield	06/01	The Elms	Sadie Hutsenpiller	06/19	GMS
David Spraberry	06/01	Sprenger Bluffton	Mary Jones	06/19	Autumn Aegis
Hannah Wagner	06/01	GMS	Jennifer Mumford	06/19	Heather Knoll
Luis Ortiz	06/02	Anchor Lodge	Taletha Robinson	06/19	Heather Knoll
Nancy Walsh	06/02	GMS	Deborah Shafer	06/19	Rose Lane
Annie Hoch	06/03	The Elms	Randall Taylor	06/19	Main Street
Oronda Washington	06/03	Sprenger Port Royal	Jessica Errington	06/20	Heather Knoll
Kristy Jones	06/04	Village of the Falls	Toni Green	06/20	Sprenger Bluffton
Connie Bailey	06/05	Smithville Western	Aysha Martin	06/20	Main Street
Dyandre Mercado	06/05	Amherst Manor	Roni Sipes	06/20	Heather Knoll
Daris Miranda	06/05	Anchor Lodge	Danielle Cannon	06/21	GMS
Chris Puskar	06/05	Amherst Manor	Cassie Clark	06/21	Amherst Manor
Kamila Franklin	06/06	Sprenger Port Royal	Terri Harvey	06/21	Sprenger Port Royal
Samantha Fuller	06/06	Autumn Aegis	Angie Kimball	06/21	Main Street
Norma Harris	06/06	Autumn Aegis	Chrissie Tyler	06/21	GMS
Kaitlynn Latham	06/06	GMS	Shantasha Bew	06/22	GMS
Lisa Bacon	06/07	Smithville Western	Consetta Leonard	06/22	GMS
Peggy Formholtz	06/07	Silver Maple Recovery	Valerie Long	06/22	Sprenger Port Royal
Mary Hart	06/07	Heather Knoll	Beanita Pettry	06/22	GMS
Cecelia Kane	06/07	Heather Knoll	Felicia Robinson	06/22	Sprenger Port Royal
Briana Koscho	06/08	GMS	Allison Ursem	06/22	GMS
Elizabeth Walters	06/08	Village of the Falls	Candace Grose	06/23	Sprenger Port Royal
Anita Ambers	06/09	Main Street	Monica Heine	06/23	Smithville Western
Heather Lopez	06/09	Amherst Manor	Pamala Justice	06/23	Main Street
Diane Smith	06/09	GMS	Tanya King	06/23	Grande Village
Melissa Courtock	06/10	GMS	Monica Tipton	06/23	Anchor Lodge
Heather Moats	06/10	Grande Village	Stevie Barton	06/24	Sprenger Massillon
Kera Ramsey	06/10	Anchor Lodge	Elizabeth Corn	06/24	Autumn Aegis
Jennifer Smyth	06/10	GMS	Kim Lewis	06/24	Grande Village
Karee Wooten	06/10	Heather Knoll	Maxwell Bachmann	06/25	Smithville Western
Melina Joye	06/11	Rose Lane	Sara Delgiudice	06/25	Main Street
Amanda Mcqueen	06/11	GMS	David Mays	06/25	Heather Knoll
Emily Zickefoose	06/11	Heather Knoll	Courtney Rickett	06/25	Wayne Manor
Austin Bentley	06/12	Rose Lane	Ellsworth Smith	06/25	GMS
Kristin Dezember	06/13	GMS	Mary Counts	06/26	GMS
Juliana Worcester	06/13	Main Street	Denise Dutko	06/26	Main Street
Dorothy Jamison	06/14	Sprenger Port Royal	Heather Gansel	06/26	Heather Knoll
Karen Lindsay	06/14	Smithville Western	Alyssa Kordish	06/26	Main Street
Suzanne Mays	06/14	GMS	Arion Brent	06/27	Amherst Manor
Stephanie Rivera	06/14	Main Street	Roseanna Dotson	06/27	Anchor Lodge
Donel Sprenger	06/14	GMS	Chelsea Dubbert	06/27	Amherst Manor
Angelete Dailey	06/15	Sprenger Bluffton	Megan Fye	06/27	Anchor Lodge
Michele Lum	06/15	Rose Lane	Trinity Housey	06/27	Sprenger Bluffton
Mistie Hall	06/16	Main Street	Fern Legat	06/27	Village of the Falls
Cynthia Parson	06/16	Main Street	Susan Power	06/27	Wayne Manor
Patricia Baker	06/17	The Elms	Jack Whitmer	06/27	Sprenger Massillon
Pamela Bergener	06/17	Rose Lane	Lorrie Christian	06/28	Main Street
Elizabeth Crider	06/17	Rose Lane	Lacoya Smith	06/28	Sprenger Port Royal
Dana Owens	06/17	The Elms	James West	06/28	Amherst Manor

Andi Mcconnell	06/29	Smithville Western	Donna Jeffries	06/30	Main Street
Jennifer Osborne	06/29	Main Street	Kristi Kagarise	06/30	Sprenger Massillon
Gina Santos	06/29	Sprenger Port Royal	Michael Oakes	06/30	Wayne Manor
Samantha Steiner	06/29	Sprenger Port Royal	Lisa Osborne	06/30	Amherst Manor
Kristine Baker	06/30	Main Street	Creama Robinson	06/30	Grande Village
Andrew Berstling	06/30	Autumn Aegis	Tomekea Weatherington	06/30	GMS
Brianna Guzik	06/30	Grande Village			

Employee Anniversaries

Anthony Sprenger	06/01/1974	GMS	Sheena Stewart	06/11/2019	Autumn Aegis
Rebecca Morris	06/27/1980	GMS	Theria Parker	06/12/2019	Sprenger Port Royal
Drew Kinkaid	06/05/1986	GMS	Kaylee Skapinakis	06/12/2019	Sprenger Bluffton
Victoria Hunter	06/04/1990	Wayne Manor	Hannah Zickefoose	06/12/2019	Heather Knoll
Cathy Phillips	06/09/1993	Heather Knoll	April Bucherich	06/18/2019	Anchor Lodge
Holly Wrobel	06/23/1998	Heather Knoll	Jennifer Gaines	06/18/2019	Main Street
Tomekea Weatherington	06/21/2001	GMS	Heather Lopez	06/18/2019	Amherst Manor
Brenda Thomas	06/13/2005	Autumn Aegis	Collin George	06/19/2019	Sprenger Bluffton
Brandon Malanowski	06/15/2005	GMS	Michelle Hixon	06/19/2019	Sprenger Port Royal
Stephanie Brushaber	06/26/2006	Anchor Lodge	Jacqueline Cree	06/25/2019	GMS
Kathleen Connick	06/04/2007	Grande Village	Leslie Chaneyfield	06/03/2020	Sprenger Bluffton
Lynda Wright	06/18/2007	Anchor Lodge	Chelsea Courtney	06/05/2020	Anchor Lodge
Jeanette Cruz	06/17/2009	Autumn Aegis	Gwen Slone	06/05/2020	GMS
Melissa Castillo	06/29/2009	Silver Maple Recovery	Monika Vimpeny	06/05/2020	Main Street
Jennifer Mumford	06/02/2010	Heather Knoll	Maria Bell	06/10/2020	Main Street
Laura Toetz	06/21/2010	Amherst Manor	Denise Dalton	06/10/2020	GMS
Barb Hanna	06/01/2011	Amherst Manor	Breaun Draper	06/10/2020	Grande Village
Christine Queen	06/06/2011	Autumn Aegis	Megan Williams	06/10/2020	Heather Knoll
Abby Pondage	06/08/2011	The Elms	Holly Risley	06/15/2020	Rose Lane
Melissa Brinson	06/20/2011	Autumn Aegis	Ana Maria Ramirez	06/16/2020	Autumn Aegis
Michele Keiffer	06/27/2011	Autumn Aegis	Olivia Conaway	06/23/2020	Anchor Lodge
Dan McNutt	06/13/2012	Heather Knoll	Marina Robb	06/23/2020	Amherst Manor
Casshay Armstrong	06/05/2013	Autumn Aegis	Selena Mccoy	06/24/2020	Heather Knoll
Morgan Alban	06/06/2013	The Elms	Saige Szivan	06/24/2020	GMS
Mallory Mcdonald	06/24/2013	Rose Lane	Helena Lautensleger	06/26/2020	Rose Lane
Amanda Krieg	06/25/2014	Sprenger Port Royal	Tamasha Floyd	06/01/2021	Sprenger Bluffton
Michelle Warstler	06/10/2015	Rose Lane	Brittany Kopas	06/01/2021	GMS
Catrina Coachman	06/24/2015	Autumn Aegis	Tyler Hawkins	06/03/2021	Smithville Western
Jennifer Gerzeny	06/15/2016	Grande Village	Alexis Smalls	06/03/2021	Sprenger Port Royal
Aida Vargas	06/21/2016	Main Street	Betsy Rivera	06/07/2021	Silver Maple Recovery
Mary Johnson	06/13/2017	Autumn Aegis	Lorene Marcin	06/08/2021	Village of the Falls
Emily Dvorak	06/20/2017	Main Street	Melanie Miller	06/08/2021	Amherst Manor
Jon Jackson	06/20/2017	Sprenger Massillon	Patricia Roman	06/08/2021	Autumn Aegis
Angie Kimball	06/20/2017	Main Street	Sandra Battle	06/10/2021	Grande Village
Joyce Brumley	06/22/2017	Autumn Aegis	Faithanna Armstrong	06/14/2021	Amherst Manor
Jan Stoller	06/27/2017	Smithville Western	Maddie Vazquez	06/14/2021	Sprenger Massillon
Liz Eichelberger	06/29/2017	The Elms	Joselyn Millan	06/15/2021	Autumn Aegis
Ravaun Carroll	06/05/2018	Sprenger Port Royal	Maclaine Varn	06/15/2021	Heather Knoll
Madelyn Drabiak	06/05/2018	GMS	Tavari Clayton	06/22/2021	Anchor Lodge
Sherry Brezina	06/12/2018	GMS	Lisa Cool	06/22/2021	The Elms
Octavia Robinson	06/14/2018	Sprenger Port Royal	Dalayjah Nixon	06/22/2021	Anchor Lodge
Lisa Bacon	06/19/2018	Smithville Western	Veronica Smith	06/22/2021	GMS
Candace Grose	06/19/2018	Sprenger Port Royal	Veronica Smith	06/22/2021	GMS
Sherry Stout	06/20/2018	Rose Lane	Jeffrey Bullard	06/28/2021	Autumn Aegis
Tanisha Wood	06/27/2018	Heather Knoll	Dana Hembree	06/28/2021	Amherst Manor
Lisa Hardwick	06/04/2019	The Elms	Gayleen Wiegand	06/28/2021	Silver Maple Recovery
Sylvia Krejci	06/07/2019	The Elms	Stephanie Cisler	06/29/2021	Sprenger Port Royal
Savannah Murphy	06/11/2019	Sprenger Massillon	Beth Falacienski	06/29/2021	Silver Maple Recovery
Jessica Reyes	06/11/2019	Autumn Aegis	Erin Mick	06/29/2021	Autumn Aegis

Open Positions



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Upcoming Events

May 2022							July 2022						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	3	4	5	6	7	8	9
8	9	10	11	12	13	14	10	11	12	13	14	15	16
15	16	17	18	19	20	21	17	18	19	20	21	22	23
22	23	24	25	26	27	28	24	25	26	27	28	29	30
29	30	31					31						

JUNE 2022

Cataract Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2 DD- Wear white for cataracts Awareness Month	3	4
5	6	7	8	9 DD-Wear Teal for Myasthenia Gravis Awareness	10	11
12	13	14	15	16 DD-Wear Purple for Alzheimer's Awareness Month	17	18
19 Father's Day	20 Nursing Assistant Week	21	22	23 DD-Fandom Dress Down	24	25
26	27	28	29	30 DD- Hoodie Day	1	2