

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:00am Rise & Shine 10:00am Passing monthly calendars (All Halls) 11:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	Beauty Shop 9:00am Rise & Shine 10:00am Coffee Express (AB) 10:30am Daily Chronicle (Handout) 1:00pm Bird Tending 2:00pm -3:00pm Matinee (AB) 6:30pm Bingo Hour (AB)	9:00am Rise & Shine 9:15am Get your shopping list ready! 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour National watermelon Day!	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Card Games (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm - 3:00pm Happy Hour	9:30am Coffee Express (Activity Room) 10:00am Bowling 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour National Root beer Float Day!	9:30am Rise & Shine 10:30am Coffee Express (All Halls) 11:30am Daily Chronicle (All Halls) 2:00pm -3:00pm Bingo (AB)	
9:30am Coffee Express (All Halls) 10:30am Exercise (AB) 11:30am Daily Chronicles (All Halls) 1:00pm -2:00pm Manicures (AB)	9:00am Rise & Shine 10:00am Coffee Express (Activity Room) 10:30am Water balloons (Court yard) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	Beauty Shop 9:00am Rise & Shine 10:00am Coffee Express (AB) 10:30am Daily Chronicle (Handout) 1:00pm Bird Tending 2:00pm -3:00pm Matinee (AB) 6:30pm Bingo Hour (AB)	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am -11:00am Nails (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Ladies Group	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:30am Decree with Danny (AB) 1:00pm Daily Chronicle (Handout) 2:00pm - 3:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Crock pot Creations (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	9:30am Rise & Shine 10:30am Coffee Express (All Halls) 11:30am Daily Chronicle (All Halls) 2:00pm -3:00pm Bingo (AB)	
9:30am Coffee Express (All Halls) 10:30am Exercise (E2) 11:30am Daily Chronicles (All Halls) 1:00pm -2:00pm Manicures (E2)	9:00am Rise & Shine 10:00am Coffee Express (Activity Room) 10:30am Trivia (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	Beauty Shop 10:00am Coffee Express (AB) 10:30am Daily Chronicle (Handout) 1:00pm Bird Tending 2:00pm -3:00pm Matinee (AB) 6:30pm Bingo Hour (AB) National Joke Day!	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am -11:00am Men's Group (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Bingo (AB)	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Card Games (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm - 3:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Crock pot Creations (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	9:30am Rise & Shine 10:30am Coffee Express (All Halls) 11:30am Daily Chronicle (All Halls) 2:00pm -3:00pm Bingo (AB)	
9:30am Coffee Express (All Halls) 10:30am Exercise (Pub) 11:30am Daily Chronicles (All Halls) 1:00pm -2:00pm Manicures (Pub)	9:00am Rise & Shine 10:00am Coffee Express (Activity Room) 10:30am Catholic Mass (E2) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	Beauty Shop 9:00am Rise & Shine 10:00am Coffee Express (AB) 10:30am Catholic Mass (E2) 1:00pm Bird Tending 2:00pm -3:00pm Matinee (AB) 6:30pm Bingo Hour (AB)	9:00am Rise & Shine 9:15am Get your shopping list ready! 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Card Games (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm - 3:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee Express (Activity Room) 10:00am Crock pot Creations (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Happy Hour/Painting National Red Wine Day!	9:30am Rise & Shine 10:30am Coffee Express (All Halls) 11:30am Daily Chronicle (All Halls) 2:00pm -3:00pm Bingo (AB)	
9:30am Coffee Express (All Halls) 10:30am Exercise (AB) 11:30am Daily Chronicles (All Halls) 1:00pm -2:00pm Manicures (AB)	9:00am Rise & Shine 10:00am Coffee Express 10:30am Board Games (Activity Room) 1:00pm Daily Chronicle (Handout) 2:00pm -3:00pm Resident Council	Beauty Shop 9:00am Rise & Shine 10:00am Coffee Express (AB) 10:30am Daily Chronicle (Handout) 1:00pm Bird Tending 2:00pm -3:00pm Matinee (AB) 6:30pm Bingo Hour (AB)	9:00am Rise & Shine 10:00am Coffee Express (Activity Room) 10:30am Reminiscing (Activity Room) 11:00am Daily Chronicle (Handout) 2:00pm -3:00pm Residents Birthday Celebration (AB)	<h1>August 2022</h1> <h2>Amherst Manor SNF</h2>			

Activities are subject to change!