

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Heather Knoll Activities

				1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Morning Stretches 1:00 Calendar Pass 2:00 Bingo 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Painting Fun 1:00 Treat Time 2:00 Book Cart 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Bible Study 1:00 Let's Paint Nails 2:00 Juice Cart
1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 OLV Mass 1:00 Popsicles on the Patio 2:00 Lemonade Pass	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Ball Toss 1:00 Puzzle Pass 2:00 Cookie Cart 3:00 Labor Day Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Chair Yoga 1:00 Treat Time 2:00 Mobility Movers Club 3:00 Happy Hour! 5:30 Red Hat Society Women's Group	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Dance Party 1:00 Hydration Station 2:00 Pretzel Pass 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Guess Who 1:00 Ice Cream Cart 2:00 Bingo 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Fall Craft 1:00 Popcorn Pass 2:00 Jingo 3:00 September Birthday Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Bible Study 1:00 Trivia Time 2:00 Water Break
1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 OLV Mass 1:00 Bingo 2:00 Iced Tea Break	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Sunshine Stretches 1:00 Snack Pass 2:00 Beading Fun 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Let's Play Cards 1:00 Coloring Book Cart 2:00 Mobility Movers Club 3:00 Happy Hour! 5:30 Movie & Popcorn	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Wood Craft 1:00 Water Break 2:00 Chip Cart 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Sing-A-Long 1:00 Pudding Pass 2:00 Bingo 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Sit-Er-Cise 1:00 Crossword Cart 2:00 Fun & Games 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Bible Study 1:00 Let's Paint Nails 2:00 Lemonade Pass
1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 OLV Mass 1:00 Popsicles on the Patio 2:00 Juice Cart	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Trivia Time 1:00 Crossword Cart 2:00 Cooking Class 3:00 Oktoberfest Happy Hour w/ Special Entertainment!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Morning Muffins 1:00 Joke Book 2:00 Mobility Movers Club 3:00 Happy Hour! 5:30 Men's Group	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Chair Yoga 1:00 Puzzle Pass 2:00 Ice Cream Cart 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Picnic Outing at Water Works Park!! 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Spooky Craft 1:00 Sweet Treats 2:00 Hydration Station 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Bible Study 1:00 Old Wives' Tails 2:00 Iced Tea Break
1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 OLV Mass 1:00 Bingo 2:00 Water Break	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Sing-A-Long 1:00 Popcorn Pass 2:00 Iced Tea Break 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Adult Coloring 1:00 Cookie Cart 2:00 Mobility Movers Club 3:00 Happy Hour! 5:30 Game Night	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Art Therapy 1:00 Snack Pass 2:00 Juice Cart 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Remember When 1:00 Crossword Cart 2:00 Bingo 3:00 Happy Hour!	1-1 Visits/Daily Chronicle 10:30 Coffee & News 11:00 Take Out Lunch 1:00 Magazine Pass 2:00 Food For Thought 2:15 Resident Council 3:00 Happy Hour!	

Grandparents Day

Labor Day

Oktoberfest Begins

Autumn Begins

Rosh Hashanah Begins

• Activities are subject to change. Please see the Daily Sheets for any updates!