



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>MARCH 2023 Amherst Manor (Willow Memory Care)</p>			9:00am Rise & Shine 9:30am Coffee & News 10:00am Exercise 12:00pm Music Therapy 1:00pm Memory Lane 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:00am Board Games 12:00pm Music Therapy 1:00pm Ball Toss 2:00pm Bingo	9:00am Rise & Shine 9:30am Coffee & News 12:00pm Music Therapy 1:30pm Soup Trivia 2:00pm Happy Hour Soup it forward Day!	9:00am Rise & Shine 10:30am Coffee Express 2:00pm Bingo
9:00am Rise & Shine 10:30am Coffee Express 2:00pm Matinee	9:00am Rise & Shine 9:30am Coffee & News 10:30am Brian & Anna K-911 Dog Training & Pet Therapy 12:00pm Music Therapy 1:00pm Nail Care 2:00pm Bingo Purim Begins	9:00am Rise & Shine 9:30am Coffee & News 10:30am Theresa Pet Therapy 12:00pm Music Therapy 1:00pm Exercise 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 12:00pm Music Therapy 2:00pm Happy Hour/Spa Day National Women's Day	9:00am Rise & Shine 9:30am Coffee & News 10:30am Decree with Danny 12:00pm Music Therapy 1:00pm Matinee 2:30pm Bingo	9:00am Rise & Shine 9:30am Coffee & News 10:30am Memory Lane 12:00pm Music Therapy 1:00pm Board Games 2:00pm Happy Therapy	9:00am Rise & Shine 10:30am Coffee Express 2:00pm Bingo
9:00am Rise & Shine 9:00am Communion 10:30am Coffee Express 2:00pm Matinee Daylight Saving Time Begins	9:00am Rise & Shine 9:30am Coffee & News 10:30am Hand Works 12:00pm Music Therapy 1:00pm Card Games 2:00pm Bingo	9:00am Rise & Shine 9:30am Coffee & News 10:30am Bowling 12:00pm Music Therapy 1:00pm Afternoon Social 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:00am Exercise 12:00pm Music Therapy 1:00pm Memory Lane 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Nail Care 12:00pm Music Therapy 1:00pm St. Patrick's Day Trivia 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am About You 12:00pm Music Therapy 1:00pm St. Patty's Day Bingo 2:00pm Happy Hour St. Patrick's Day	9:00am Rise & Shine 10:30am Coffee Express 2:00pm Bingo
9:00am Rise & Shine 10:30am Coffee Express 2:00pm Matinee	9:00am Rise & Shine 9:30 Coffee & News 10:30am Matinee 12:00pm Music Therapy 1:00pm Alpha Dog Pet Therapy 2:00pm Bingo Spring Begins	9:00am Rise & Shine 9:30am Coffee & News 10:30am Sunshine Time 12:00pm Music Therapy 1:00pm Craft 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Bowling 12:00pm Music Therapy 2:00pm Happy Hour Ramadan Begins	9:00am Rise & Shine 9:30am Coffee & News 10:30am Nail Care 12:00pm Music Therapy 1:30pm Bingo 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Test Your Senses 12:00pm Music Therapy 1:00pm Board Games 2:00pm Happy Hour National Cocktail Day	9:00am Rise & Shine 10:30am Coffee Express 2:00pm Bingo
9:00am Rise & Shine 10:30am Coffee Express 2:00pm Matinee	9:00am Rise & Shine 9:30am Coffee & News 10:30am Exercise 12:00pm Music Therapy 1:00pm Matinee 2:30pm Snack Cart	9:00am Rise & Shine 9:30am Coffee & News 10:30am Bowling 12:00pm Music Therapy 1:00pm Afternoon Social 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:00am Exercise 12:00pm Music Therapy 1:00pm Memory Lane 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Nail Care 12:00pm Music Therapy 1:30pm Bingo 2:00pm Happy Hour	9:00am Rise & Shine 9:30am Coffee & News 10:30am Balloon Toss 12:00pm Music Therapy 1:00pm Craft 2:00pm Happy Hour	*Beauty Shop: Every Tuesday, Starting at 9AM- Please schedule with activities 

Activities are subject to change