



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00am Passing Monthly calendars 11:00am Music Therapy 2:00pm Court Yard <small>Canada Day</small>	2 Beauty Shop 9:30am Rise & Shine 10:30am Pet Therapy 11:00am Music therapy 1:1Visits 2:30-3:30 Bingo (AL)	3 9:30am Rise & Shine 10:30am Coffee & Mail 11:00am Music Therapy 2:00pm Rummy/ Happy Hour (E3)	4 Happy 4th of July 10:00am Coffee & Donuts 11:00am Activity Packet <small>Independence Day (US)</small>	5 9:30am Rise & Shine 10:00am Van Ride 11:00am Music Therapy 2:00pm 1:1 Visits	6 9:30am Rise & Shine 10:00am Coffee 11:00am Music Therapy 1:00pm 1:1 Visits 2:30pm Bingo (AL)
7 9:00am Rise & Shine 10:00am Coffee 11:00am Daily Chronicle & Daily Devotional (Handout) 1:00pm Library cart	8 9:30am Rise & Shine 10:00 Men's Club (E3) 11:00am Music Therapy 2:00pm Happy Hour/ Bingo(PUB) National Day Freeze Pop Day!	9 Beauty Shop 9:30am Rise & Shine 10:00am Decree with Danny (AB) 11:00am Music therapy 1:1Visits 2:30-3:30 Bingo (AL)	10 9:30am Rise & Shine 10:30am Coffee & Mail 11:00am Music Therapy 2:00pm Rummy/ Happy Hour (E3)	11 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music Therapy 2:30pm – 3:30pm Bingo (AL)	12 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music Therapy 2:00pm 1:1 Visits	13 9:30am Rise & Shine 10:00am Coffee 11:00am Music Therapy 1:00pm 1:1 Visits 2:30pm Bingo (AL)
14 9:00am Rise & Shine 9:30am Communion (All Halls) 10:00am Coffee 11:00am Daily Chronicle & Daily Devotional (Handout) 1:00pm Library cart	15 9:30am Rise & Shine 10:00am Exercise (E3) 11:00am Music Therapy 2:00pm Happy Hour / Bingo (PUB)	16 Beauty Shop 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music therapy 1:1Visits 2:30-3:30 Bingo (AL)	17 9:30am Rise & Shine 10:30am Coffee & Mail 11:00am Music Therapy 2:00pm Rummy/ Happy Hour (E3)	18 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music Therapy 2:30pm 3:30pm (AL) National Day Tropical Fruit Day!	19 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music Therapy 1:00pm 1:1 Visits 2:00pm Happy Hour (PUB)	20 Sound of Summer Event 11:00am - 2:00pm
21 9:00am Rise & Shine 10:00am Coffee 11:00am Daily Chronicle & Daily Devotional (Handout) 1:00pm Library cart	22 10:30am Catholic Mass (E2) 11:00am 1:1 Visits 2:00pm Women's Club (E3)	23 Beauty Shop 10:00am Decree with Danny (AB) 1:00pm 1:1Visits 2:30-3:30 Bingo (AL) National Day Gorgeous Grandma Day!	24 9:30am Rise & Shine 10:30am Coffee & Mail 11:00am Music Therapy 2:00pm Rummy/ Happy Hour (E3)	25 10:00am Coffee & Mail 2:00pm – 3:00 Happy Hour with Gordy Taylor (PUB) National Day Wine & Cheese Day!	26 9:30am Rise & Shine 10:00am Coffee & Mail 11:00am Music Therapy 1:00pm 1:1 Visits 2:00pm Happy Hour (PUB)	27 9:30am Rise & Shine 10:00am Coffee 11:00am Music Therapy 1:00pm 1:1 Visits 2:30pm Bingo (AL)
28 9:00am Rise & Shine 10:00am Coffee 11:00am Daily Chronicle & Daily Devotional (Handout) 1:00pm Library cart	29 9:30am Rise & Shine 10:00am Resident & Food Council (E2) 11:00am Music Therapy 2:00pm Happy Hour / Bingo (PUB)	30 Beauty Shop 9:30am Rise & Shine 10:00am Pet therapy 1:00pm 1:1Visits 2:30-3:30 Bingo (AL) National Day Cheese Cake Day!	31 9:30am Rise & Shine 10:30am Coffee & Mail 11:00am Music Therapy 2:00pm Rummy/ Happy Hour (E3)			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1</p> <p>10:00am Passing monthly Calendars 11:00am Coffee & Daily Chronicle 2:00pm Court yard</p> <p>Canada Day</p>	<p>2</p> <p>Beauty Shop 9:00am Morning Stroll 10:00am Pet therapy 10:30am Trivia 2:30pm-3:30pm Bingo(AL)</p>	<p>3</p> <p>10:00am Coffee & News 1:00pm Chair Exercise 2:00pm Rummy/ Happy Hour (E3)</p>	<p>4</p> <p>10:00am Coffee 10:30am 4th of July Trivia 2:30pm-3:30pm Bingo(AL)</p> <p>Independence Day (US)</p>	<p>5</p> <p>10:00am Morning stroll 1:00pm Nail care 2:30pm Court yard</p>	<p>6</p> <p>10:00am Coffee & News 10:30am Chair Exercise 2:30pm -3:30pm Bingo(AL)</p>	
<p>7</p> <p>9:30am Coffee & News 10:30am Morning stroll 1:00pm Nail Care 2:30pm Social Hour</p>	<p>8</p> <p>10:00am Coffee & Daily Chronicle 1:00pm Chair Exercise 2:00pm Happy Hour/ Bingo(PUB)</p>	<p>9</p> <p>Beauty Shop 9:00am Morning Stroll 10:00am Decree with Danny (AB) 10:30am Trivia 2:30pm-3:30pm Bingo(AL)</p>	<p>10</p> <p>10:00am Coffee & News 1:00pm Chair Exercise 2:00pm Rummy/ Happy Hour (E3)</p>	<p>11</p> <p>9:00am Morning Stroll 9:30am Coffee & News 10:00am Craft 2:30pm-3:30pm Bingo(AL)</p>	<p>12</p> <p>10:00am Morning stroll 1:00pm Nail care 2:30pm Court yard</p>	<p>13</p> <p>9:30am Coffee & News 10:00am Crafts 2:30pm -3:30pm Bingo(AL)</p>	
<p>14</p> <p>9:00am Communion 9:30am Coffee & News 10:30am Morning stroll 1:00pm Nail Care 2:30pm Social Hour</p>	<p>15</p> <p>10:00am Coffee & Daily Chronicle 1:00pm Chair Exercise 2:00pm Happy Hour/ Bingo(PUB)</p>	<p>16</p> <p>Beauty Shop 9:00am Morning Stroll 10:00am Coffee 10:30am Trivia 2:30pm-3:30pm Bingo(AL)</p>	<p>17</p> <p>10:00am Coffee & News 1:00pm Chair Exercise 2:00pm Rummy/ Happy Hour (E3)</p>	<p>18</p> <p>9:00am Morning Stroll 9:30am Coffee & News 10:00am Craft 2:30pm-3:30pm Bingo(AL)</p>	<p>19</p> <p>10:00am Coffee 1:00pm Trivia 2:00pm - 3:00pm Happy Hour(PUB)</p>	<p>20</p> <p>Sound of Summer event 11am -2pm</p>	
<p>21</p> <p>9:30am Coffee & News 10:30am Morning stroll 1:00pm Nail Care 2:30pm Social Hour</p>	<p>22</p> <p>10:30am Catholic Mass (E2) 1:00pm Nail care 2:30pm Crafts</p>	<p>23</p> <p>Beauty Shop 10:00am Pet therapy 10:00am Decree with Danny (AB) 10:30am Trivia 2:30pm-3:30pm Bingo(AL)</p>	<p>24</p> <p>10:00am Coffee & News 1:00pm Chair Exercise 2:00pm Rummy/ Happy Hour (E3)</p>	<p>25</p> <p>9:00am Morning Stroll 9:30am Coffee & News 10:00am Craft 2:00pm Happy hour with Gordy Taylor (PUB)</p>	<p>26</p> <p>10:00am Coffee 1:00pm Trivia 2:00pm - 3:00pm Happy Hour(PUB)</p>	<p>27</p> <p>9:30am Coffee & News 10:00am Crafts 2:30pm -3:30pm Bingo(AL)</p>	
<p>28</p> <p>9:30am Coffee & News 10:30am Morning stroll 1:00pm Nail Care 2:30pm Social Hour</p>	<p>29</p> <p>10:00am Coffee & Daily Chronicle 1:00pm Chair Exercise 2:30pm Court yard</p>	<p>30</p> <p>Beauty Shop 9:00am Morning Stroll 10:00am Resident & Food Council 2:30pm-3:30pm Bingo(AL)</p>	<p>31</p> <p>10:00am Coffee & News 1:00pm Chair Exercise 2:00pm Rummy/ Happy Hour (E3)</p>	 <p>JULY 2024 Amherst Manor Assisted Living</p>			

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