

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
October 2024 		International Coffee Day1 10:30-Coffee & Chat 11:00- Stretches 2:00 -Beading 3:00 Snack Pass 4:00 Trivia Tuesday 5:00-Live Waterfalls w/Music	2 10:30-Coffee & Chat 11:00- Exercise 2:00- Handprint Art 3:00- Snack Pass 4:00- Reminisce 5:00-50's Music Rosh Hashanah Begins	3 10:30-Coffee & Chat 11:00- Noodle Ball 2:00- Tic Tac Toe 3:00- Snack Pass 4:00- Devotions 5:00-60's music	Cinnamon Roll Day4 10:30- Juice and Jokes 11:00-Exercise 2:00- Men's Club 3:00 -Cinnamon Roll snack 4:00-Music and Memory 5:00 Listening to the oldies	5 10:30-Coffee & Chat 11:00- Exercise 2:00 Nail Spa 5:00-Soothing Sounds	
	6 10:30-Scripture Reading 11:00- Exercise 1:00- Paint Me 5:00-Dinner sounds	7 10:30-Coffee & Chat 11:00- Exercise 2:00- Arts & Crafts 3:00- Snack Pass 4:00- Fun Facts 5:00- Classical Music	8 10:30-Coffee & Chat 11:00- Balloon Toss 2:00- Connect 4 3:00 Snack Pass 4:00 Trivia Tuesday 5:00-Dinner Melodies	Bring your Teddy Bear to work Day9 10:30-Coffee & Chat 11:00- Exercise 2:00- Walk Around 3:00-Movie & Popcorn 4:00- Name That Tune 5:00- Dinner Harmonies	cake decorating day10 10:30-Coffee & Chat 11:00- Kick Ball 2:00- Color Pumpkins 3:00- Snack Pass 4:00- Devotions 5:00-Do Wop Music	11 10:30-Coffee & Tongue Twisters 11:00-Exercise 1:00- Puzzle Power 2:00-Cupcake decorating 4:00- Music & Memory 5:00-Dinner w/Music Yom Kippur Begins	12 10:30-Coffee & Chat 11:00- Exercise 2:00- Hand Massage 5:00-Dinner sounds
	13 10:30-Scripture Reading 11:00- Exercise 1:00- Make & Take 5:00-Dinner sounds	14 10:30-Coffee & Chat 11:00- Exercise 2:00- Pumpkin Craft 3:00- Snack Pass 4:00- Guess What? 5:00-Soul Music Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	I love Lucy Day15 10:30-Coffee & Chat 11:00- Balloon Ball 2:00- Ax Throwing 3:00 Snack Pass 4:00 I love Lucy Trivia 5:00-R & B Music	16 10:30-Coffee & Chat 11:00- Exercise 2:00 - Auction 3:00- Snack Pass 4:00- Crazy Laws 5:00-Country Music Sukkot Begins	Pasta Day17 10:30-Coffee & Chat 11:00- Stretches 2:00- Pasta Coloring 3:00- Pasta Salad Snack 4:00- Devotions 5:00-Soft Sounds	Chocolate Cupcake Day18 10:30-Coffee & Chat 11:00- Exercise 2:00- Checkers 3:00- Chocolate Cupcakes 4:00- Music & Memory 5:00-Waterfalls	19 10:30-Coffee & Chat 11:00- Exercise 2:00- Nail Spa 5:00-Dinner sounds
	20 10:30-Scripture Reading 11:00- Exercise 1:00- Color Time 5:00-Dinner sounds	Count your buttons Day21 10:30-Coffee & Chat 11:00- Exercise 2:00- Arts & Crafts 3:00- Snack Pass 4:00- Fidgeting Fingers 5:00-Jazz Music	National Coloring Day22 10:30-Coffee & Chat 11:00- Balloon Bat 2:00- Adult Coloring Contest 3:00- Snack Pass 4:00- Trivia Tuesday 5:00-Dinner Music	Boston Cream Pie Day23 10:30-Coffee & Chat 11:00- Exercise 2:00- Paint Party 3:00- Boston Cream Pie Tasting 4:00- Chicken Soup for the Soul Reading 5:00-Disco Music	Bologna Day24 10:30-Coffee & Chat 11:00- Feet Fitness 2:00- Cooking Club 3:00- Snack Pass 4:00- Devotions 5:00-Soothing sounds Simchat Torah Begins	25 10:30-Coffee & Chat 11:00- Exercise 2:00- Beading 3:00- Sour Snacks 4:00- Music & Memory 5:00-Dinner w/ music	26 10:30-Coffee & Chat 11:00- Exercise 2:00- Hand Massage 5:00-Dinner sounds
27 10:30-Scripture Reading 11:00- Exercise 1:00- Make a picture 5:00-Dinner sounds	National Chocolate Day28 10:30-Coffee & Chat 11:00- Exercise 2:00- Arts & Crafts 3:00- Juice & Jokes 4:00- Learn about Colorado 5:00-Soothing Sounds	29 10:30-Coffee & Chat 11:00- Move & Groove 2:00- Tongue Twisters 3:00- Snack Pass 4:00- Trivia Tuesday 5:00-Classical Music	Candy Corn Day30 10:30-Coffee & Chat 11:00- Exercise 2:00- Paint a pumpkin 3:00- Snack Pass 4:00- Count The Candy Corn 5:00-Dinner Harmony	31 10:30-Coffee & Chat 11:00- Noodle Ball 2:00- Chicken Soup for the Soul 3:00- Trick or Tweets 4:00- Puzzle Me 5:00-Soothing Waves Halloween			

Sprenger Health Care Memory Care 1810 Richmond Ave.Port Royal S.C.29935 *ALL ACTIVITIES ARE SUBJECT TO CHANGE*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 OCTOBER 2024		International Coffee Day 1 10:30-Coffee & Chat 11:00-St.Helena Church (Chapel) 2:00-Bible Study(AR) 2:30- Trivia Tuesday 3:30- Puzzle Palooza	Grandparents Day 2 10:30-Coffee & News 2:00-Art & Crafts 3:00- Devotions 6:15-Bingo(AR) Rosh Hashanah Begins	3 10:30-Coffee & Facts 10:00-Exercise w/Therapy (PT) 1:30-Rosary w/St.Peters 2:30- Name That Tune 3:30- What's that Smell?	Cinnamon Roll Day 4 10:30-Coffee & Weird Laws 11:00- Tongue Twisters 2:00-Cinnamon Rolls (Ice Cream Parlor) 3:00-Meet & Greet the Activity Director	5 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo-(AR) 3:00-Social Hour(Bar)
Independent Leisure 6 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	7 10:30-Coffee & Chat 1:30-Bingo(AR) 2:30-Root Beer Floats (Ice Cream Parlor) 3:30- Slime Time	8 10:30-Coffee & Jokes 11:00-St.Helena Church (Chapel) 2:00-Bible Hour(AR) 2:30 Trivia Tuesday 3:30-	Bring your Teddy Bear to work Day 9 10:30-Coffee & Fun Facts 2:30- Paint Party 3:00-Devotions 6:15-Bingo(AR)	Cake Decorating Day 10 10:30-Coffee & News 12:00-Amvets Vet.Lunch (Amvets) 1:30-Rosary w/St. Peters 2:30-	11 10:30-Coffee & Chat 11:00-Porch Time Trivia(DR) 2:00-Cup Cake Decorating(DR) 3:00-Social Hour w/ Debbie & Wayne (Bar) Yom Kippur Begins	12 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
Independent Leisure 13 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	14 10:30-Coffee & Chat 1:30-Bingo(AR) 2:30-Arts & Crafts(DR) 3:30- Columbus Day (US) Indigenous Peoples' Day	I love Lucy Day 15 10:30-Coffee & Chat 11:00-St.Helena Church (Chapel) 1:00 Resident's Council (DR) 2:00-Bible Hour(AR) 2:30- I Love Lucy Trivia	16 8:00-Veteran's Breakfast @Amvets 10:00-Daily Chronicles 2:30- Auction 3:30 Devotions 6:15-Bingo(AR) Sukkot Begins	Pasta Day 17 10:30-Hot Chocolate 1:30-Rosary w/St.Peters 2:30- Name the Pasta 5:00 Oktoberfest	18 10:30-Coffee & Chat 11:00-Porch Time Trivia(DR) 2:00- Chocolate Cupcakes (Ice Cream Parlor)	19 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
Independent Leisure 20 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	count your buttons Day 21 10:30-Coffee & News 1:30-Bingo(AR) 2:30-Banana Splits (Ice Cream Parlor) 3:30-	National Coloring Day 22 10:30-Coffee Clutch 11:00-St.Helena Church (Chapel) 2:00-Bible Study(AR) 2:30-Coloring Contest 3:30-Tuesday Trivia	Boston Cream Pie Day 23 10:30-Coffee Club 2:30- Boston Cream Pie Day (Ice Cream Parlor) 3:30- Devotions 6:15-Bingo(AR)	Bologna Day 24 10:30-Coffee & Chat 1:30-Rosary w/St.Peters 2:30- Cooking Club 4:30- 6:30 Community Trick or Treat Simchat Torah Begins	25 10:30-Coffee & Chat 11:00- 2:30- Pucker Power (Ice Cream Parlor) 3:00 Social Hour w/ Nick (Bar)	26 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
Independent Leisure 27 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	National Chocolate Day 28 10:30-Coffee Bar 1:30-Bingo(AR) 2:30-Brownie Delights (Ice Cream Parlor) 3:30 - Potpourri	29 10:30-Coffee & Chat 11:00-St.Helena Church (Chapel) 2:00-Bible Hour(AR) 2:30- You be the Judge 3:00-Halloween Trivia	Candy Corn Day 30 10:30-Coffee & Chat 2:00- Paint a Pumpkin 3:00 Social Hour w/ Jim Seem (Bar) 6:15-Bingo(AR)	31 10:30-Coffee & Chat 1:30-Rosary w/St.Peters 2:30- 3:30- Halloween		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
October 2024		10:00-Exercise w/Therapy1 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Rummique(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen 2 11:30-Daily Chronicles(LR 1:30-Nail Care(AR) 2:30-Rummique(Bar) 3:00-Social Hour Music w/Dale(Bar) 6:30-Bingo(AR) Rosh Hashanah Begins	10:00-Exercise w/Therapy3 11:15-Lunch Outin(Front) 1:30-Rosary w/St.Peters 2:00-Uno Cards(bar) 3:00-Social Hour(Bar) Happy Birthday Andrea P.	10:30-Walmart Shopping4 1:30-Cupcake Decorating 3:00-Social Hour(Bar) Breast Cancer Awarness Wear Something PINK! Happy Birthday Jackie G.	INDEPENDENT ACTIVITIES5 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)	
	INDEPENDENT ACTIVITIES6 9:30-Church Service(chapel 1:30-Afternoon Movie)LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)7 11:00Trivia-(LR) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	10:00-Exercise w/Therapy8 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-UNO Cards(Bar) 3:00-Social Hour(bar)	10:00-Yoga w/Stephen 9 11:30-Daily Chronicles(LR 1:30-Corn Hole(AR) 3:00-Social Hour(Bar) 6:30-Bingo(AR)	10:00-Exercise w/Therapy10 11:15-Morning Walk 12:00-Veterans Lunch@Amvets 1:30-Rosary w/St.Peters 2:00-Rummique(Bar) 3:00-Social Hour(Bar)	10:30-Mystery Ride 11 1:30-Ice Cream Social 3:00-Social Hour Music w/Debbie and Wayne Yom Kippur Begins	INDEPENDENT ACTIVITIES12 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
	INDEPENDENT LEISURE13 9:30-Church Service(Chapel 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen 14 11:00-Trivia(LR) 1:30-Bingo(AR) 3:00-Social Hour(Bar) Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	10:00-Exercise w/Therapy15 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Rummique(Bar) 3:00-Social Hour(bar)	8:00-Veterans Breakfast@Amvets 10:00-Yoga w/Stephen(AR) 11:30-Daily Chronicles(LR 1:30-Rummique(Bar) 3:00-Social Hour(bar) 6:30-Bingo(AR) Sukkot Begins	10:00-Exercise w/Therapy17 11:15-Morning Walk 1:30-Rosary w/St.Peters 2:00-Uno Cards(Bar) 5:00-October Fest./Music w/Mike Sweat	10:30-Outing to the 18 Library(Front) 2:00-Get to Know Me(AR) 3:00-Social Hour(Bar)	INDEPENDENT ACTIVITIES19 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
	INDEPENDENT LEISURE20 9:30-Church Service(Chapel 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar) Happy Birthday Frank S.	10:00-Yoga w/Stephen 21 11:00-Trivia(LR) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	10:00-Exercise w/Therapy22 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Rummique(Bar) 3:00-Social Hour(Bar) Coloring Contest(Bar)	10:00-Yoga w/Stephen 23 11:30-Daiy Chronicles(LR 1:30-Nail Care(AR) 3:00-Social Hour(Bar) 6:30-Bingo(AR)	10:00-Exercise w/Therapy24 11:15-Morning Walk 1:30-Rosary w/St.Peters 2:00-Rummique(Bar) 3:00-Social Hour(Bar) 5:00Community Trick or Treat/Door Contest Simchat Torah Begins	10:00-Thrift Shopping 25 1:30-Food Forum/Resident Council(AR)	INDEPENDENT ACTIVITIES26 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
	INDEPENDENT LEISURE27 9:30-Church Service(Chapel 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen 28 11:00-Trivia(LR) 1:30-Bingo(AR) 3:00-Social Hour(Bar) National Chocolate Day	10:00-Exercise w/Therapy29 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Uno Cards(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen 30 11:30-Daily Chronicles(R) 1:30-Shopping @HarrisTeeter(Front) 3:00-Social Hour Music w/Jim Seem 6:30-Bingo(AR)	10:00-Exercise w/Therapy31 11:15-Morning Walk 1:30-Rosary w/St.Peters 2:00-Trivia(Bar) 3:00-Social Hour(Bar) Halloween		