

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2024					INDEPENDENT ACTIVITIES 1 1:30-Rummique(AR) 3:00-Social Hour music w/ Nick(Bar) Diwali (Hindu)	INDEPENDENT ACTIVITIES 2 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
INDEPENDENT ACTIVITIES 3 9:30-Church Service(Chapel) 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar) Daylight Saving Time Ends	10:00-Yoga w/Stephen(AR)4 11:30-Glory Singers(AR) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	10:00-Exercise w/Therapy 5 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Game of Choice(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)6 11:30-Trivia(LR) 2:00-St.Peters Church-Chapel 3:00-Social Hour Music w/ Dale(bar) 6:15-Bingo(AR)	10:00-Exercise w/Therapy 7 11:00-Morning Walk(Front) 1:30-Paint w/Cheryl(Bar) 3:00-Social Hour(Bar)	11:30-Lunch Outing to Yummy Hibachi(Front) 8 1:30-UNO Cards(AR) 3:00-Social Hour music w/ Debbie & Wayne(Bar)	INDEPENDENT ACTIVITIES 9 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
INDEPENDENT ACTIVITIES 10 9:30-Church Service(Chapel) 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)11 11:30-Lets Laugh Jokes-LR 2:00-Music w/Mr.Hagan-AR 3:00-Social Hour(Bar) Veterans Day Remembrance Day (Canada)	10:00-Exercise w/Therapy 12 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Rummikub(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)13 11:30-Daily Chronicles(LR) 2:00-Rummique(Bar) 3:00-Social Hour(Bar) 6:15-Bingo(AR)	10:00-Exercise w/Therapy 14 11:00-Trivia(LR) 12:00-Vetrans Lunch @Amvets(Front) 2:00-Banana Splits(Bar) 3:00-Social Hour(Bar)	10:30-Walk to Nature Scene(Front) 15 1:30-Pretzel dipping(Bar) 3:00-Social Hour Music w/Debbie & wayne(Bar)	INDEPENDENT ACTIVITIES 16 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.26)
INDEPENDENT ACTIVITIES 17 9:30-Church Service(Chapel) 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)18 11:30-Daily Chronicles(LR) 1:45-Game Of Choice(Bar) 3:00-Social Hour(Bar)	10:00-Exercise w/Therapy 19 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-UNO Cards(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)20 12:00-Thanksgiving Lunch w/2 Family members(DR) 3:00-Social Hour(Bar) 6:15-Bingo(AR)	10:00-Exercise w/Therapy 21 11:00-Morning Walk(Front) 1:30-Cobbler w/Ice Cream(Bar) 3:00-Social Hour Music w/Mike Sweat(Bar)	10:30-Shopping at Harris Teeter(Front) 22 1:45-Rummique(Bar) 3:00-Social Hour(Bar)	INDEPENDENT ACTIVITIES 23 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)
INDEPENDENT ACTIVITIES 24 9:30-Church Service(Chapel) 1:30-Afternoon Movie(LR) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)25 11:30-Trivia(LR) 1:30-Resident Council(AR) 3:00-Social Hour(Bar)	10:00-Exercise w/Therapy 26 11:00-St.Helena Church 2:00-Bible Study(AR) 2:00-Game Of Choice(Bar) 3:00-Social Hour(Bar)	10:00-Yoga w/Stephen(AR)27 11:30-Make Me Laugh(LR) 1:30-Crafts(AR) 3:00-Social Hour Music w/Jim Seem(Bar)	10:00-Exercise w/Therapy 28 11:00-Lets give Thanks(LR) 1:45-Rummique(Bar) 3:00-Social Hour(Bar) Thanksgiving Day	10:00-Thrift Shopping 29 1:30-Get to Know Me(AR) 3:00-Social Hour(Bar)	INDEPENDENT ACTIVITIES 30 1:30-Bingo(AR) 3:00-Social Hour(Bar) 6:00-TCM Movie(Ch.256)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2024					1 10:30-Coffee & Facts 11:00- Did you Know? 2:00- Giving Thanks Tree 3:00- Old Wives' Tales 3:00 Social Hour w/ Nick(Bar) Diwali (Hindu)	2 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo-(AR) 3:00-Social Hour(Bar)
3 Independent Leisure 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar) Daylight Saving Time Ends	4 Candy Day 10:30-Coffee & Chat 1:30-Bingo(AR) 2:30-Candy Tasting (Ice Cream Parlor) 3:00 Social Hour (Bar) 3:30- Tall Tales	5 Doughnut appreciation Day 10:30-Coffee & donuts 11:00-St.Helena Church (Chapel) 2:00-Bible Study(AR) 2:30- Trivia Tuesday 3:00 Social Hour w/ Dale (Bar) 3:30- aMAZEing	6 Nachos Day 10:30-Coffee & News 2:00-Tie Dye Leaves 3:00- Devotions 3:00 Social Hour (Bar) 6:15-Bingo(AR)	7 National Men make dinner Day 10:30-Coffee & Facts 10:00-Exercise w/Therapy (PT) 1:30-Rosary w/St.Peters 2:30- Trip to Walmart 3:00 Social Hour (Bar) 3:30- What's that ?	8 Cappuccino Day 10:30-Coffee Clutch 11:00- Weird animal facts 2:00-Veteran's Party 3:00-Social Hour w/ Debbie & Wayne (Bar)	9 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
10 Vanilla Cupcake Day Independent Leisure 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	11 Sundae Day 10:30-Coffee & Chat 1:30-Bingo (AR) 2:00-Sundae Fun Day (Ice Cream Parlor) 3:00- Veteran's Day Veterans Day Remembrance Day (Canada)	12 10:30-Coffee & Jokes 11:00-St.Helena Church (Chapel) 2:00-Bible Hour(AR) 2:30 You be the Judge 3:00 Social Hour (Bar) 3:30- Name that tune	13 10:30-Coffee & Fun Facts 12:00- Thanksgiving Luncheon 3:00-Devotions 3:00 Social Hour (Bar) 6:15-Bingo(AR)	14 Pickle Day 10:30-Coffee & News 12:00-Amvets Vet.Lunch (Amvets) 1:30-Rosary w/St. Peters 2:30- Pickle Day !? 3:00 Social Hour (Bar)	15 10:30-Coffee & Chat 11:00- State Laws 2:00- Fall Gnomes 3:00 Social Hour w/ Debbie & Wayne (Bar)	16 Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
17 Independent Leisure 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	18 Mickey Mouse Day 10:30-Coffee Clutch 1:30-Bingo(AR) 2:30- Make a Mickey 3:00 Social Hour (Bar) 3:30-Disney Trivia	19 International Men's Day 10:30-Coffee & Chat 11:00-St.Helena Church (Chapel) 1:00 Resident's Council (DR) 2:00-Bible Hour(AR) 3:00 Social Hour (Bar)	20 8:00-Veteran's Breakfast @Amvets 10:00-Daily Chronicles 2:30- Let's make a deal 3:00 Social Hour (Bar) 3:30 Devotions 6:15-Bingo(AR)	21 10:30-Hot Chocolate 1:30-Rosary w/St.Peters 2:30- Postcard Travels 3:00 Social Hour w/ Mike Sweat (Bar) 3:00 Leaf me alone	22 10:30-Coffee & Chat 11:00- Rhyme Time 2:30- Birthday Bash (Ice Cream Parlor) 3:00 Social Hour w/ Nick (Bar)	23 Expresso Day Independent Leisure 10:00-Daily Chronicles 1:30-Bingo(AR) 3:00-Social Hour(Bar)
24 Independent Leisure 9:30-Church Service (Chapel) 10:00-Daily Chronicles 11:00-Scripture Reading 3:00-Social Hour(Bar)	25 National Parfait Day 10:30-Coffee Bar 1:30-Bingo(AR) 2:30-Parfaits (Ice Cream Parlor) 3:00 Social Hour (Bar) 3:30 - Hangman	26 National Cake Day 10:30-Coffee Clutch 11:00-St.Helena Church (Chapel) 2:00-Bible Study(AR) 2:30- Cake pops 3:00 Social Hour (Bar) 3:30-Tuesday Trivia	27 Bavarian Cream Pie Day 10:30-Coffee Club 2:30- Bavarian Cream Pie Day (Ice Cream Parlor) 3:00 Social Hour w/ Jim Seem (Bar) 3:30- Devotions 6:15-Bingo(AR)	28 10:30-Coffee & Chat 1:30-Rosary w/St.Peters Happy Thanksgiving! Thanksgiving Day	29 10:30-Coffee & Chat 11:00- Tongue Twisters 2:00- (Ice Cream Parlor) 3:00 Social Hour (Bar)	30 Independent Leisure 10:00-Daily Chronicles 3:00-Social Hour(Bar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30- Juice and Jokes 11:00-Exercise 2:00- Men's Club 3:00 - Chit Chat 4:00-Making Music 5:00 Listening to the oldies Diwali (Hindu)	2 10:30-Coffee & Chat 11:00- Exercise 2:00 Nail Spa 5:00-Soothing Sounds
3 10:30-Scripture Reading 11:00- Exercise 1:00- Paint Me 5:00-Dinner sounds Daylight Saving Time Ends	Candy Day 4 10:30-Coffee & Chat 11:00- Exercise 2:00- Turkey talk 3:00- Candy Tasting 4:00- Fun Facts 5:00- Classical Music	Donut appreciation Day 5 10:30-Coffee & donuts 11:00- Stretches 2:00 - Toss it in 3:00 Snack Pass 4:00 Trivia Tuesday 5:00-Live Waterfalls w/Music	Nachos Day 6 10:30-Coffee & Chat 11:00- Exercise 2:00- Tie Dye Leaves 3:00- Snack Pass 4:00- Reminisce 5:00-60's Music	National men make dinner day 7 10:30-Coffee & Chat 11:00- Noodle Ball 2:00- Puzzle Palooza 3:00- Snack Pass 4:00- Devotions 5:00-70's music	Cappuccino Day 8 10:30-Coffee & News 11:00-Exercise 1:00- Puzzle Power 2:00- Vets Day Celebration 4:00- Music & Memory 5:00-Dinner w/Music	9 10:30-Coffee & Chat 11:00- Exercise 2:00- Hand Massage 5:00-Dinner sounds
Vanilla Cupcake Day 10 10:30-Scripture Reading 11:00- Exercise 1:00- Make & Take 5:00-Dinner sounds	Sundae Day 11 10:30-Coffee & Chat 11:00- Exercise 2:00- Play Dough with me 3:00- Sundae Fun Day 4:00- Veteran's Day Celebrate 5:00-Soothing sounds Veterans Day Remembrance Day (Canada)	12 10:30-Coffee & Chat 11:00- Balloon Toss 2:00- Cookie baking 3:00 Snack Pass 4:00 Trivia Tuesday 5:00-Dinner Melodies	13 10:30-Coffee & Chat 12:00 Thanksgiving Luncheon 2:00- Movin and groovin 3:00-Movie & Popcorn 4:00- Chicken soup story 5:00- Dinner Harmonies	Pickle Day 14 10:30-Coffee & Chat 11:00- Kick Ball 2:00- Color Pumpkins 3:00- Pass the Pickles 4:00- Devotions 5:00-Country Music	15 10:30-Coffee & Chat 11:00- Exercise 2:00- Model me 3:00- Fall gnomes 4:00- Making music 5:00-Waterfalls	16 10:30-Coffee & Chat 11:00- Exercise 2:00- Nail Spa 5:00-Dinner sounds
17 10:30-Scripture Reading 11:00- Exercise 1:00- Color Time 5:00-Dinner sounds	Mickey Mouse Day 18 10:30-Coffee & Chat 11:00- Exercise 2:00- Make a Mickey 3:00- Snack Pass 4:00- Fidgeting Fingers 5:00- Classical Music	International Men's Day 19 10:30-Coffee & Chat 11:00- Balloon Ball 2:00- Color Turkeys 3:00 Snack Pass 4:00- Puzzle Palooza 5:00- Broadway Music	20 10:30-Coffee & Chat 11:00- Exercise 2:00 - Auction 3:00- Snack Pass 4:00- Silly News 5:00-Dinner Music	21 10:30-Coffee & Chat 11:00- Stretches 2:00- Leaf me alone 3:00- Post card travels 4:00- Devotions 5:00-Soft Sounds	22 10:30-Coffee & Chat 11:00- Exercise 2:00- Stories from all over 3:00- Birthday Bash 4:00- Music & Memory 5:00-Dinner w/ music	Expresso day 23 10:30-Coffee & Chat 11:00- Exercise 2:00- Hand Massage 5:00-Dinner sounds
24 10:30-Scripture Reading 11:00- Exercise 1:00- Make a picture 5:00-Dinner sounds	National Parfait Day 25 10:30-Coffee & Chat 11:00- Exercise 2:00- Make a word 3:00- Parfaits 4:00- Learn about Colorado 5:00-Soothing Sounds	National Cake Day 26 10:30-Coffee & Chat 11:00- Balloon Bat 2:00- Slime time 3:00- Cake pops 4:00- Trivia Tuesday 5:00-Dinner Music	Bavarian Cream Pie Day 27 10:30-Coffee & Chat 11:00- Exercise 2:00- Paint Party 3:00- Bavarian Cream Pie Tasting 4:00- Chicken Soup Story 5:00- Music	28 11:00 -Coffee & Chat 2:30 Puzzle pack Happy Thanksgiving! Thanksgiving Day	29 10:30-Coffee & Chat 11:00- Exercise 2:00- Checkers 3:00- Chocolate Cupcakes 4:00- Fun Facts 5:00-Waterfalls	30 10:30-Coffee & Chat 11:00- Exercise 2:00- Nail Spa 5:00-Dinner sounds