

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30- Coffee & Chat (DR) 1:30- Bingo (AR) 2:30- Hangman (DR) 3:00- Social Hour (Bar)	Fritters day 2 10:30- Coffee Time (DR) 11:00- St. Helena Church (CH) 2:00- Bible Study (AR) 2:30- Fritters (DR) 3:00- Social Hour (Bar)	3 10:30- Coffee & Chat (DR) 11:00 -Hangman (DR) 2:30- Ornament Making w/ Crescent Hospice (DR) 3:00- Social Hour (Bar) 6:15- Bingo (AR)	Cookie Day 4 10:30- Bingo (DR) 1:30- Rosary w/St. Peters 2:30- Arts & Crafts (DR) 3:00- Social Hour (Bar) 4:00 Puzzle Pack	Ninja Day 5 10:30- Coffee & Hangman (DR) 2:30- Fact or Crap (DR) 3:00- Social Hour (Bar) 3:30- Devotions	6 9:30 Breakfast with Santa (Bar) 1:30- Bingo- (AR) 3:00- Social Hour (Bar)
Pearl Harbor Remembrance Day 7 9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar)	Brownie Day 8 10:30- Coffee & Chat (DR) 1:30- Bingo (AR) 2:30- Brownie Bites (DR) 3:00- Social Hour (Bar) 4:00- Hangman (DR)	9 10:30- Coffee & Hangman (DR) 11:00- St. Helena Church (Chapel) 1:30 Food Forum (DR) 2:00- Resident's Council (DR) 2:00- Bible Hour (AR) 3:00 Social Hour (Bar)	10 10:30- Coffee & Facts (DR) 11:00- Fact or Crap (DR) 2:00 - Alliance Therapy Dog 2:30 Nail Spa (DR) 3:00- Social Hour (Bar)	11 10:30-Bingo (DR) 1:30-Rosary w/St. Peters 3:00- Social Hour (Bar) 5:00- 7:00 Christmas Dinner	Gingerbread house Day 12 10:30- Coffee Clutch (DR) 2:00 Walmart (Up Front) 3:00- Social Hour w/ Debbie & Wayne 3:30- Devotions	13 10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
Monkey Day 14 9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar)	Lemon Cupcake Day 15 10:30- Coffee Clutch (DR) 1:30- Bingo (AR) 2:30- Make a stocking (DR) 3:00- Social Hour (Bar) 3:30- Hangman	Ugly sweater day 16 10:00 Marisol- guitar player (Bar) 11:00- St. Helena Church (Chapel) 3:00- Social Hour (Bar)	17 8:00- Veteran's Breakfast @Amvets 11:00 Beaufort Choir (Bar) 2:00- Nail Spa (DR) 3:00- Social Hour (Bar) 6:15- Bingo (AR)	18 10:30 Bingo (DR) 1:30- Rosary w/St. Peters 2:30- Crescent Hospice - Birthday Bash (DR)	19 10:30- Coffee & Chat (DR) 2:00- Fact or Crap (DR) 3:00- Social Hour (Bar) 3:30- Devotions	Sangria Day 20 10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
Hanukkah Begins 21 9:30- Church Service (Chapel) 10:00- Coffee Club(DR) 3:00- Social Hour (Bar)	22 10:30- Coffee Bar (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar) 4:00 - Hangman (DR)	23 10:30-Coffee Clutch (DR) 11:00-St.Helena Church (Chapel) 2:00-Bible Study (AR) 2:30- Nail Spa (DR) 3:00- Social Hour (Bar)	Eggnog Day 24 10:30-Coffee Club (DR) 11:00- Facts (DR) 2:00 - Alliance Therapy Dog 2:30- Eggnog Tasting (DR) 3:00- Social Hour (Bar) 6:15 - Bingo (AR)	25 10:30- Bingo (DR) Bar Closed Christmas	French Toast Day 26 10:30-Coffee & Chat (DR) 2:30- French toast sticks (DR) 3:00- Social Hour (Bar) 3:30- Devotions Boxing Day (Canada) Kwanzaa Begins	27 10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
Winter Begins 28 9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar)	29 10:30- Coffee Bar (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar) 4:00 - Hangman (DR)	Bacon Day 30 10:30-Coffee Clutch (DR) 11:00-St.Helena Church (Chapel) 2:00-Bible Study (AR) 2:30- Nail Spa (DR) 3:00- Social Hour (Bar)	31 10:30- Coffee & Chat (DR) 11:00 -Hangman (DR) 2:30- New Year's Eve Party (DR) 3:00- Social Hour (Bar) 6:15- Bingo (AR) New Year's Eve			

** All activities are subject to change **

DR= Dining room
 AR= Assisted living activity room
 ICP= Ice cream parlor
 CH= Chapel

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPRENGER HEALTH CARE ASSISTED LIVING 1810 RICHMOND AVE. PORT ROYAL, S.C. 29935 843-771-7700 	1 10:00- Sit N Fit (AR) 11:30-Glory Singers (AR) 1:30-Bingo (AR) 3:00-Social Hour (Bar)	2 10:00-Sit N Fit (AR) 11:00-St. Helena Church 2:00-Bible Study (AR) 2:00-Rummikub (Bar) 3:00-Social Hour (Bar)	3 10:30-Yoga w/Stephen (AR) 2:00 Mass w/ St Peters (Chapel) 3:00-Social Hour(Bar) 6:15-Bingo(AR)	4 10:00-Exercise w/Therapy(PT) 11:00- Hangman w/Hot cocoa 1:30-Rosary w/St. Peters (PDR) 3:00-Social Hour (Bar)	5 10:00 Walmart Outing- (Front) 1:30-Nail Spa (AR) 3:00-Social Hour (Bar)	6 <u>Independent Leisure</u> 9:30-Breakfast w/Santa 1:30-Bingo(AR) 3:00-Social Hour(Bar)
7 <u>Independent Leisure</u> 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar)	8 10:30-Chair Yoga(AR) 11:30 Trivia (BAR) 1:30 Bingo (AR) 3:00-Social Hour (Bar)	9 10:30-Sit N Fit(AR) 11:00-St. Helena Church 2:00-Bible Study (AR) 3:00 Social Hour(Bar) HAPPY BIRTHDAY ELEANORE BROUGH	10 10:30-Yoga w/Stephan (AR) 1:45-Brownie Sundae's (Bar) 3:00-Social Hour (Bar) 6:15-Bingo (AR)	11 10:00-Exercise w/Therapy(PT) 10:30-Paint w/Cheryl(Bar) 3:00-Social Hour (Bar)	12 11:00-Lunch Outing @Bye Bye Birdies 1:30-Rummikub (Outside patio) 3:00-Social Hour Music w/Debbie & Wayne Bar)	13 <u>Independent Leisure</u> 1:30-Bingo (AR) 3:00-Social Hour (Bar)
14 <u>Independent Leisure</u> 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar) Hanukkah Begins	15 10:30- Crafts with Missy (Bar) 1:30-Bingo (AR) 3:00-Social Hour (Bar)	16 10:00 Marisol- guitar (Bar) 11:00-St. Helena Church 2:00-Bible Study (AR) 3:00-Social Hour (Bar)	17 8:00-Veteran's Breakfast (AM Vets) 10:30-Yoga w/Stephen (AR) 11:00-Beaufort Middle School Chours(Front) 1:30-Rummikub (Bar) 3:00-Social Hour (Bar) 6:15-Bingo (AR)	18 10:00-Exercise w/Therapy 11:00-Christmas Stories w/Eggnog(Bar) 1:30-Rosary w/St.Peters (PDR) 5:00-Christmas Dinner Music w/Mike Sweat (Bar)	19 10:00-Deocrating Ginger Bread Houses(AR) 2:00-Corn-Hole (AR) 3:00-Social Hour (Bar)	20 <u>Independent Leisure</u> 1:30-Bingo (AR) 3:00-Social Hour (Bar)
21 <u>Independent Leisure</u> 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar) Winter Begins	22 10:30-Sit N Fit (AR) 11:15-Coffee N Muffins (Bar) 1:30-Bingo (AR) 3:00-Social Hour (Bar)	23 10:30-Coffee Clutch (SNF DR) 11:00-St. Helena Church (Chapel) 2:00-Bible Study (AR) 2:00-Rummikub (Bar) 3:00-Social Hour (Bar)	24 10:30-Yoga w/Stephen (AR)) 1:30-Food Forum (AR) 2:00-Resident Council (AR) 2:00-Therapy Dogs Visit 3:00-Social Hour (Bar)	25 MERRY CHRISTMAS BAR WILL BE CLOSED Christmas	26 10:30-Coffee & Chat(SNF DR) 1:30-French Toast Sticks(SNF DR) 3:00-Social Hour(Bar) Boxing Day (Canada) Kwanzaa Begins	27 <u>Independent Leisure</u> 1:30-Bingo (AR) 3:00-Social Hour (Bar)
28 <u>Independent Leisure</u> 9:30-Church Service (Chapel) 1:30-Afternoon Movie (LR) 3:00-Social Hour (Bar)	29 10:30-Sit N Fit (AR) 11:15-Coffee N Donuts (Bar) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	30 10:30-Chair Yoga (AR) 11:00-St.Helena Church(Chap 2:00-Bible Study (AR) 3:00-Social Hour (Bar)	31 10:30-Yoga w/Stephan(AR) 1:30-Rummikub(Bar) 3:00-Social Hour-New Years Eve Party(Bar) New Year's Eve			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30-Coffee Club 11:00- Exercise 2:00- Make a Snowman 3:00- Sensory Overload 5:00- Soothing Music	2 10:30-Hot Chocolate 11:00- Stretches 2:00 - Button Art 3:00- Sewing Time 5:00- Classical Music	3 10:30-Coffee & Chat 11:00- Tap Your Toes 2:00- Kick Ball 3:00- Puzzle Palooza 5:00- Dinner Music	4 10:30-Coffee & Chat 11:00- Fitness 2:00- Walk Outside 3:00- Did You Know? 5:00- 60's music	5 10:30- Juice & Jokes 11:00- Exercise 2:00 - Balloon Bash 3:00 - Devotions 5:00 Dinner music	6 11:00- Exercise 3:00 Happy Hour 5:00- Dinner Sounds
7 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds	8 10:30-Check in & Chat 11:00- Bounce It 2:00- Arts & Crafts 3:00- Puzzle Power 5:00-Soothing sounds	9 10:30-Hot Chocolate 11:00- Hit The Balloon 2:30 - Memory Match 5:00- Winter Wonderland	10 10:30-Coffee & Chat 11:00- Exercise 2:00 - Alliance Therapy Dog 3:00- Art Time 5:00- Dinner Music	11 10:30-Coffee Club 11:00 - Stretches 2:00- Make a Santa 3:00- Walk Around 5:00- Christmas Dinner	12 10:30-Juice & Jokes 11:00 - Simon Says 2:00- Coloring Santa 3:00- Devotions 5:00- 70's Music	13 11:00- Exercise 3:00 Happy Hour 5:00-Dinner sounds
14 11:00- Exercise 1:00- Nail Spa 3:00 Happy Hour 5:00-Dinner sounds Hanukkah Begins	15 10:30-Coffee & Chat 11:00- Exercise 2:00- Shut The Box 3:00- Make a Stocking 5:00- Classical Music	16 10:30-Hot Chocolate 11:00- Balloon Badminton 2:00- Story Hour 3:00- Sorting 5:00- Soft Sounds	17 8:00 Vet's Breakfast (AM VETS) 11:00- Beaufort Choir 2:00 - Making Music 3:00- Puzzles 5:00-Dinner Sounds	18 10:30-Coffee & Chat 11:00- Bean Bag Pitch 2:00- Make & Take 3:00- Birthday Bash 5:00-Jazz Sounds	19 10:30-Juice & Jokes 11:00- Exercise 2:00- Sew What 3:00- Devotions 5:00- Dinner Music	20 11:00- Exercise 3:00 - Happy Hour 5:00-Dinner sounds
21 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds Winter Begins	22 10:00-Coffee & Chat 11:00- Bang the drums 2:00- Spinners 3:00- What's inside? 5:00-Gospel Sounds	23 10:30-Hot Chocolate 11:00- Stretches 2:00- Arts & Crafts 3:00- Slam It Down 5:00- Christmas Music	24 10:30-Coffee & Chat 11:00- Exercise 2:00 - Alliance Therapy Dog 2:30 Eggnog Tasting 5:00- Soul Music	25 11:00 Sip n Chat 5:00 Sounds of the season Merry Christmas Christmas	26 10:30-Juice & Jokes 11:00- Exercise 2:00- French toast sticks 3:00 - Devotions 5:00-Dinner w/ music Boxing Day (Canada) Kwanzaa Begins	27 11:00- Exercise 3:00- Happy Hour 5:00-Dinner sounds
28 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds	29 10:00-Coffee & Chat 11:00- Puzzles 2:00- Sensory Time 3:00- Making Memories 5:00-Smooth Sounds	30 10:30-Hot Chocolate 11:00- Toe Touching 2:00- Make & Take 3:00- Go Fish 5:00- Nature Sounds	31 10:30-Coffee & Chat 11:00- Exercise 2:30- New Years Eve Party 5:00- Dinner Music New Year's Eve	December 2025 		

ALL ACTIVITIES ARE SUBJECT TO CHANGE