

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:30- Bingo (DR) 1:30- Rosary w/St. Peters 2:30- Arts & Crafts (DR) 3:00- Social Hour (Bar) 4:00 Puzzle Pack	10:30- Coffee & Hangman (DR) 2:30- Getting to know you (DR) 3:00- Social Hour (Bar) 3:30- Devotions	10:00 Coffee Club (DR) 1:30- Bingo- (AR) 3:00- Social Hour (Bar)
4	5	6	7	8	9	10
9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar)	10:30- Coffee & Chat (DR) 1:30- Bingo (AR) 2:30- Hangman (DR) 3:00- Social Hour (Bar)	10:30- Coffee Time (DR) 11:00- St. Helena Church (CH) 2:00- Bible Study (AR) 2:30- Word Searches (DR) 3:00- Social Hour (Bar)	10:30- Coffee & Chat (DR) 11:00 -Hangman (DR) 2:30- Table Talk (DR) 3:00- Social Hour (Bar) 6:15- Bingo (AR)	10:30-Bingo (DR) 12:00- Veteran's Lunch (AM Vets) 1:30-Rosary w/St. Peters 3:00- Social Hour (Bar)	10:30- Coffee Clutch (DR) 2:00 Walmart (Up Front) 3:00- Social Hour w/ Debbie & Wayne 3:30- Devotions	10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
11	12	13	14	15	16	17
9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar)	10:30- Coffee & Chat (DR) 1:30- Bingo (AR) 2:30- Shut the box (DR) 3:00- Social Hour (Bar) 4:00- Hangman (DR)	10:30- Coffee & Hangman (DR) 11:00- St. Helena Church (Chapel) 2:00-Bible Study (AR) 2:30- Nail Spa (DR) 3:00 Social Hour (Bar)	10:30- Coffee & Facts (DR) 11:00- Fact or Crap (DR) 2:00 - Alliance Therapy Dog 2:30 Nail Spa (DR) 3:00- Social Hour (Bar)	10:30 Crafting with Missy (BAR) 1:30- Rosary w/St. Peters 2:30- Crescent Hospice - Birthday Bash (DR) 4:00- Hangman (DR)	10:30- Coffee & Chat (DR) 2:00- Fact or Crap (DR) 3:00- Social Hour (Bar) 3:30- Devotions	10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
18	19	20	21	22	23	24
9:30- Church Service (Chapel) 10:00- Coffee Club(DR) 3:00- Social Hour (Bar) Activity Professionals Week	10:30- Coffee Clutch (DR) 1:30- Bingo (AR) 2:30- Auction (DR) 3:00- Social Hour (Bar) 3:30 MLK Trivia Martin Luther King Jr. Day	10:30 - Coffee & Boggle 11:00- St. Helena Church (Chapel) 1:30 Food Forum (DR) 2:00- Resident's Council (DR) 2:00- Bible Hour (AR) 3:00- Social Hour (Bar)	8:00- Veteran's Breakfast @Amvets 11:00 Hangman (DR) 2:00- Nail Spa (DR) 3:00- Social Hour (Bar) 6:15- Bingo (AR)	10:30- Bingo (DR) 1:30- Rosary w/St. Peters 2:30- Making Memories (DR) 3:00- Social Hour (Bar) 4:00 Puzzle Pack	10:30-Coffee & Chat (DR) 2:30- Country Store (DR) 3:00- Social Hour (Bar) 3:30- Devotions	10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)
25	26	27	28	29	30	31
9:30- Church Service (Chapel) 10:00- Coffee Club (DR) 3:00- Social Hour (Bar) Australia Day (Observed)	10:30- Coffee Bar (DR) 1:30- Bingo (AR) 2:30- Hangman (DR) 3:00- Social Hour (Bar) 4:00 -Fact or Fiction (DR)	10:30-Coffee Clutch (DR) 11:00-St.Helena Church (Chapel) 2:00-Bible Study (AR) 2:30- Nail Spa (DR) 3:00- Social Hour (Bar)	10:30-Coffee Club (DR) 11:00- Facts (DR) 2:00 - Alliance Therapy Dogs 2:30- Memory Match (DR) 3:00- Social Hour (Bar) 6:15 - Bingo (AR)	10:30- Bingo (DR) 1:30- Rosary w/St. Peters 2:30- Arts & Crafts (DR) 3:00- Social Hour (Bar) 4:00 Puzzle Pack	10:30- Coffee & Chat (DR) 2:00- Fact or Crap (DR) 3:00- Social Hour (Bar) 3:30- Devotions	10:00- Coffee Club (DR) 1:30- Bingo (AR) 3:00- Social Hour (Bar)

** All activities are subject to change **
 DR= Dining room
 AR= Assisted living activity room
 ICP= Ice cream parlor
 CH= Chapel

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Independent Leisure 10:30-Bingo(SNF DR) New Year's Day	2 10:00 Walmart Outing-(Front) 1:30-Nail Spa (AR) 3:00-Social Hour (Bar)	3 Independent Leisure 1:30-Bingo(AR) 3:00-Social Hour(Bar)
4 Independent Leisure 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar) H Happy Birthday Ceil S.	5 10:00- Sit N Fit (AR) 11:30-Glory Singers (AR) 1:30-Bingo (AR) 3:00-Social Hour (Bar)	6 10:00-King Street Bible Study(AR) 11:00-St. Helena Church 2:00-Bible Study (AR) 3:00-Social Hour (Bar)	7 10:30-Yoga w/Stephen (AR) 2:00 Mass w/ St Peters (Chapel) 3:00-Social Hour(Bar)	8 10:00-Exercise w/Therapy(PT) 10:30-Paint w/Cheryl(Bar) 3:00-Social Hour (Bar) Happy Birthday Margaret Oliphant	9 10:00-Lunch Outing to Bye Bye Birdies(Sign up sheet) 1:30-Rummikub (Outside patio) 3:00-Social Hour Music w/Debbie & Wayne Happy Birthday Marcy H.	10 Independent Leisure 1:30-Bingo (AR) 3:00-Social Hour (Bar)
11 Independent Leisure 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar)	12 10:30-Chair Yoga(AR) 11:30 Trivia (BAR) 1:30 Bingo (AR) 3:00-Social Hour (Bar)	13 10:30-Sit N Fit(AR) 11:00-St. Helena Church 2:00-Bible Study (AR) 3:00 Social Hour(Bar)	14 10:30-Yoga w/Stephen(AR) 2:00-Therapy Dog visits 3:00-Social Hour (Bar)	15 10:00-Exercise w/Therapy 10:30-Crafts w/Missy(Bar) 1:30-Rosary w/St.Peters(PDR) 3:00-Social Hour Music w/Mike Sweat	16 10:00-Mystery Ride(Front) 1:30-Bingo(AR) 3:00-Social Hour (Bar)	17 Independent Leisure 1:30-Bingo (AR) 3:00-Social Hour (Bar)
18 Independent Leisure 9:30-Church Service (Chapel) 1:30-Afternoon Movie (Bar) 3:00-Social Hour (Bar)	19 10:30- Crafts with Missy (Bar) 1:30-Bingo (AR) 3:00-Social Hour (Bar) Martin Luther King Jr. Day	20 10:00 Marisol(Bar) 11:00-St. Helena Church 2:00-Bible Study (AR) 3:00-Social Hour (Bar)	21 8:00-Veteran's Breakfast (AM Vets) 10:30-Yoga w/Stephen (AR) 1:30-Rummikub (Bar) 3:00-Social Hour (Bar)	22 10:00-Exercise w/Therapy-PT 10:30-Flower arrangments 1:30-Rosary w/St.Peters-PDR 2:00-Game Of Choice(BAR) 3:00-Social Hour(Bar)	23 10:15-Thrift Shopping(Front) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	24 Independent Leisure 1:30-Bingo (AR) 3:00-Social Hour (Bar)
25 Independent Leisure 9:30-Church Service (Chapel) 1:30-Afternoon Movie (LR) 3:00-Social Hour (Bar)	26 10:30-Sit N Fit (AR) 11:15-Coffee N Muffins (Bar) 1:30-Bingo (AR) 3:00-Social Hour (Bar) Australia Day (Observed)	27 10:30-Chair Yoga(AR) 11:00-St. Helena Church (Chapel) 2:00-Bible Study (AR) 2:00-Rummikub (Bar) 3:00-Social Hour (Bar)	28 10:30-Yoga w/Stephen (AR)) 1:30-Food Forum (AR) 2:00-Resident Council (AR) 2:00-Therapy Dogs Visit 3:00-Social Hour (Bar)	29 10:00-Exercise w/Therapy-PT 10:30-Hangman(AR) 1:30-Rosary w/St.Peters-PDR 3:00-Social Hour(Bar)	30 10:15-Shopping at Harris Teeter(Front) 1:30-Bingo(AR) 3:00-Social Hour(Bar)	31 INDEPENDENT LEISURE 1:30-Bingo(AR) 3:00-Social Hour(Bar)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2025				1 11:00 Bang the drums 5:00- 60's music Happy New Year!	2 10:30- Juice & Jokes 11:00- Exercise 2:00 - Name The Star 3:00 - Devotions 5:00 Dinner music	3 11:00- Exercise 3:00 Happy Hour 5:00- Dinner Sounds
4 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds	5 10:30-Crafting w/ Missy 11:00- Exercise 2:00- Card Counting 3:00- Sensory Overload 5:00- Soothing Music	6 10:30-Hot Chocolate 11:00- Stretches 2:00 - Pick the Picture 3:00- Trivia 5:00- Classical Music	7 10:30-Coffee & Chat 11:00- Tap Your Toes 2:00- Ball Bounce 3:00- Puzzle Palooza 5:00- Dinner Music	8 10:30-Coffee Club 12:00 - Veterans Lunch (AM VETS) 2:00- Arts & crafts 3:00- Walk Around 5:00 - Soothing Sounds	9 10:30-Juice & Dad Jokes 11:00 - Twist & Shout 2:00- Make a Snowflake 3:00- Devotions 5:00- 60's Music	10 11:00- Exercise 3:00 Happy Hour 5:00-Dinner sounds
11 11:00- Exercise 1:00- Nail Spa 3:00 Happy Hour 5:00-Dinner sounds	12 10:30-Check in & Chat 11:00- Bounce It 2:00- Arts & Crafts 3:00- Puzzle Power 5:00-Soothing sounds	13 10:30-Hot Chocolate 11:00- Hit The Balloon 2:30 - Memory Match 3:00- Scratch Off 5:00- Winter Wonderland	14 10:30-Coffee & Chat 11:00- Exercise 2:00 - Alliance Therapy Dog 3:00- Art Time 5:00- Dinner Music	15 10:30-Coffee & Chat 11:00- Bean Bag Pitch 2:00- Word Search 3:00- Birthday Bash 5:00-Jazz Sounds	16 10:30-Juice & Jokes 11:00- Exercise 2:00- Pine Cone Art 3:00- Devotions 5:00- Dinner Music	17 11:00- Exercise 3:00 - Happy Hour 5:00-Dinner sounds
18 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds Activity Professionals Week	19 10:30-Coffee & Chat 11:00- Exercise 2:00- Blow Bubbles 3:00- MLK Trivia 5:00- Classical Music Martin Luther King Jr. Day	20 10:30-Hot Chocolate 11:00- Balloon Badminton 2:00- Story Hour 3:00- Sorting 5:00- Soft Sounds	21 8:00 Vet's Breakfast (AM VETS) 11:00- Chairrobics 2:00 - Fact or Fiction? 3:00- Puzzles 5:00-Dinner Sounds	22 10:30-Coffee & Chat 11:00- Fitness 2:00- Walk the Block 3:00- Did You Know? 5:00- 50's music	23 10:30-Juice & Jokes 11:00- Exercise 2:00- Taste Time 3:00 - Devotions 5:00-Dinner w/ music	24 11:00- Exercise 3:00- Happy Hour 5:00-Dinner sounds
25 11:00- Exercise 1:00- Nail Spa 3:00- Happy Hour 5:00-Dinner sounds Australia Day (Observed)	26 10:00-Coffee & Chat 11:00- Touch the Sky 2:00- Spinners 3:00- What's inside? 5:00-Gospel Sounds	27 10:30-Hot Chocolate 11:00- Stretches 2:00- Arts & Crafts 3:00- Smash It Down 5:00- Christmas Music	28 10:30-Coffee & Chat 11:00- Exercise 2:00 - Alliance Therapy Dog 2:30 - What's that Smell? 5:00- Soul Music	29 10:30-Coffee & Chat 11:00- Throw It In 2:00- Make & Take 3:00- Name That Tune 5:00-Jazz Sounds	30 10:30-Juice & Jokes 11:00- Exercise 2:00- Poppers 3:00- Devotions 5:00- Dinner Music	31 11:00- Exercise 3:00- Happy Hour 5:00-Dinner sounds

ALL ACTIVITIES ARE SUBJECT TO CHANGE