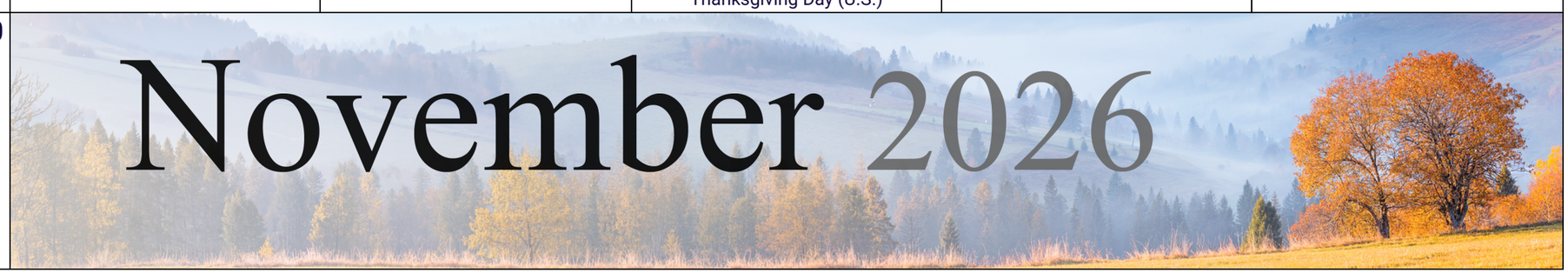
# November 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br><br>9:30- Church Service (CH)<br>10:00- Coffee Club (DR)<br>2:00- St Helena Church (CH)<br>3:00- Social Hour (Bar)<br>Daylight Saving Time Ends | 2<br>10:30- Bingo (AR)<br><br>2:00- Pumpkin Art (DR)<br>3:00- Social Hour (Bar)<br>4:00- Crossword (DR) | 3<br>10:00- Hangman (DR)<br>11:00- St. Helena Church (CH)<br>2:00- Bible Study (AR)<br><br>2:00 - Ring Toss (DR)<br>3:00- Social Hour (Bar)<br>4:00- Maze Me (DR) | 4<br>10:00- Word Mining (DR)<br>11:00- Fact or Crap (DR)<br>2:00- Gnome Painting (DR)<br>3:00- Happy Hour (Bar)<br>4:00- Guess Who I am (DR) | 5<br><br>10:00- Bingo (DR)<br>2:00- TP Turkeys (DR)<br>3:00- Happy Hour (Bar)<br>4:00- Devotions (DR) | 6<br>10:00- Coffee & Fact (DR)<br>11:00- Weird Phobias(DR)<br>1:30- Bingo (AR)<br><br>2:00- Axe Throwing (DR)<br>3:00- Social Hour (Bar)<br>4:00 - Puzzle Pack (DR) | 7<br><br>10:00- Hat Bedazzle (DR)<br>11:00- That's so Punny (DR)<br>1:30- Bingo (AR)<br>3:00- Social Hour (Bar) |
| 8<br><br>9:30- Church Service (CH)<br>10:00- Coffee Club (DR)<br>2:00 St Helena Church (CH)<br>3:00- Social Hour (Bar)<br>Diwali (Hindi) | 9<br>10:00- Sit & Chat (DR)<br>10:30- Bingo (AR)<br>11:00- Did You Know (DR)<br>2:30- Snack Social (DR)<br>3:00- Social Hour (Bar)<br>4:00- Word Search (DR) | 10<br>10:00- Social Chat (DR)<br>11:00- St. Helena Church (Ch)<br>**2:00- Agape Veterans Pinning Ceremony**<br>3:00 Social Hour (Bar)<br><br> | 11<br>10:00- Boggle (DR)<br>11:00- Veterans Facts (DR)<br>2:00 - Alliance Therapy Dog<br>2:00- Bean Bag Toss (DR)<br>3:00- Happy Hour (Bar)<br><br> | 12<br><br>**12:00-Thanksgiving Luncheon**<br>1:30-Rosary w/St. Peters<br>2:00- Hangman (DR)<br>3:00- Social Hour (Bar) | 13<br>10:00- Chit Chat (DR)<br>11:00- That's a Fact (DR)<br>1:30- Bingo (AR)<br>2:30- Make and Take (DR)<br>3:00- Social Hour (Bar)<br>4:00- Crossword (DR) | 14<br><br>10:00- Coffee Club (DR)<br>11:00- Tongue Twister(DR)<br>1:30- Bingo (AR)<br>3:00- Social Hour (Bar) |
| 15<br><br>9:30- Church Service (CH)<br>10:00- Coffee Club(DR)<br>2:00 St Helena Church (CH)<br>3:00- Social Hour (Bar) | 16<br>10:00 - Make a Scarecrow<br>10:30- Bingo (AR)<br>11:00- Funny Facts (DR)<br>2:00- Mystery Drive (DR)<br>3:00- Social Hour w/ **Allie & The Katz** (Bar) | 17<br>10:30 - Burton Wells (DR)<br>11:00- St. Helena Church (Ch)<br>**2:00- Resident's Council (DR)**<br>2:00- Bible Study (AR)<br>3:00- Social Hour (BAR)<br>Resident Council<br>MEETING | 18<br><br>8:00-**Veteran's Breakfast**<br>10:00- Sip N Dip (DR)<br>11:00- Round the World (DR<br>2:00- Bobbing for Apple (DR)<br>3:00- Social Hour (Bar)<br>4:00- Trivia (DR) | 19<br>10:00- Reminisce (DR)<br>1:30- Rosary w/St. Peters<br>2:00- Darts (DR)<br><br>3:00 Social Hour (Bar)<br>4:00- Devotions (DR) | 20<br>10:00- Guys N Pies (DR)<br>11:00- Smell N Tell (DR)<br>1:30- Bingo (AR)<br>2:00-Walmart (DR)<br><br>3:00- Social Hour | 21<br><br>10:00- Coffee Club (DR)<br>11:00- Weird Words (DR)<br>1:30- Bingo (AR)<br>3:00- Social Hour (Bar) |
| 22<br><br>9:30- Church Service (CH)<br>10:00- Coffee Club (DR)<br>2:00 St Helena Church (CH)<br>3:00- Social Hour (Bar) | 23<br>10:00- Drinks / Chronicles(DR)<br>10:30- Bingo (AR)<br>11:00- Charades (DR)<br>2:00- Memory Match (DR)<br>3:00- Social Hour (Bar)<br>4:00- Word Search (DR) | 24<br>10:00- Table Tennis (DR)<br>11:00-St.Helena Church (CH)<br>2:00-Bible Study (AR)<br>2:00 - Nail Spa (DR)<br><br>3:00- Social Hour (Bar)<br>4:00- Trivia (DR) | 25<br>10:00- Table Talk(DR)<br>11:00- Quiz (DR)<br>2:00 - Alliance Therapy Dogs<br>2:00- Cresent Birthday Bash(DR)<br><br>3:00- Social Hour (Bar) | 26<br><br>10:00- Bingo (DR)<br>1:30- Rosary w/St. Peters<br>2:00- Word Game (DR)<br>3:00- Happy Hour (Bar)<br>4:00- Pumpkin Toss (DR)<br>Thanksgiving Day (U.S.) | 27<br>10:-00 Girlz Dayz (DR)<br>11:00- Rhyme Tyme (DR)<br>1:30- Bingo (AR)<br>2:00- Arts & Crafts (DR)<br>3:00-Social Hour (Bar)<br>4:00- Puzzle Pack(DR) | 28<br><br>10:00- Coffee Club (DR)<br>11:00- Fact or Fiction (DR)<br>1:30- Bingo (AR)<br>3:00- Social Hour (Bar) |
| 29<br><br>9:30- Church Service (CH)<br>10:00- Coffee Club(DR)<br>2:00 St Helena Church (CH)<br>3:00- Social Hour (Bar) | 30<br>10:00- Shut The Box (DR)<br>10:30 Bingo (AR)<br>11:00- Trivia (DR)<br><br>2:00- Minute To Win It (DR<br>3:00- Social Hour (Bar) | | | | | |

**Sprenger Healthcare Skilled Nursing 1810 Richmond Ave 843-473-5190** ** All activities are subject to change ** DR= Dining room AR= Assisted living activity room CH= Chapel

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>Independent Leisure<br>9:30 - Church Service (Ch)<br>2:00 - Church Service w/St. Helena (Ch)<br>3:00 - Happy Hour (Bar)<br>6:00 - Jigsaw Puzzle Club (AR)<br>Daylight Saving Time Ends | 2<br>10:30 - Bingo (AR)<br>**1:30 - Community Kindness Project (AR)**<br>3:00 - Happy Hour (Bar)<br>6:00 - Music Memories (AR) | 3<br>10:00 - King Street Bible Study (AR)<br>11:00 - St. Helena Church (Ch)<br>2:00 - Bible Study (AR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Searching for November Word Search (AR) | 4<br>10:30 - BYO Fall Snack Mix<br>1:30 - Walking Club: Dollar General (Meet on the Porch)<br>2:00 - Mass w/St .Peters (Ch)<br>3:00 - Happy Hour (Bar)<br>6:00 - Sudoku Puzzle (AR) | 5<br>10:30 - Sip & Paint Fall Coasters (AR)<br>1:30 - Rosary w/St. Peters (PDR)<br>3:00 - Happy Hour (Bar)<br>**5:00 - Turkey Giveaway**<br>**Happy Birthday Gail!!** | 6<br>10:30 -<br>**11:30 - Lunch Outing: Smokehouse (O)**<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Relaxing Coloring (AR) | 7<br>Independent Leisure<br>9:15 - Coffee & Chronicles<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar) |
| 8<br>Independent Leisure<br>9:30 - Church Service (Ch)<br>2:00 - Church Service w/St. Helena (Ch)<br>3:00 - Happy Hour (Bar)<br>6:00 - Jigsaw Puzzle Club (AR)<br>**Happy Birthday Trudy!!** | 9<br>10:30 - Bingo (AR)<br>**1:30 - Activity Planning Meeting (AR)**<br>3:00 - Happy Hour (Bar)<br>6:00 - Music Memories (AR) | 10<br>10:15 - Trivia on the Porch (P)<br>11:00 - St. Helena Church (Ch)<br>2:00 - Bible Study (AR)<br>**2:00 - Veterans Pinning (Bar)**<br>3:00 - Happy Hour (Bar)<br>6:00 - North Carolina Word Search (AR) | 11<br>**10:00 - Veterans Day Parade**<br>(O)1:30 - Craft Pinecone Bird Feeders (AR)<br>2:00 -Therapy Dog Visit<br>3:00 - Happy Hour (Bar)<br>6:00 - Sudoku Puzzle (AR)<br>Veterans Day<br>Remembrance Day (Canada) | 12<br>10:30 - Yoga w/Stephen (AR)<br>12:00 - Veteran's Lunch (O)<br>1:30 - Rosary w/St. Peters(PDR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Daily Crossword (AR)<br>**Happy Birthday Captain Ralph!!** | 13<br>10:00 - Bike Ride w/Tim (Porch)<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour<br>6:00 - Relaxing Coloring (AR) | 14<br>Independent Leisure<br>9:15 - Coffee & Chronicles<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar) |
| 15<br>Independent Leisure<br>9:30 - Church Service (Ch)<br>2:00 - Church Service w/St. Helena (Ch)<br>3:00 - Happy Hour (Bar)<br>6:00 - Jigsaw Puzzle Club (AR) | 16<br>10:30 - Bingo (AR)<br>1:30 - Armchair Travel: Scotland (AR)<br>**3:00 - Happy Hour w/ Allie & the Cats (Bar)**<br>6:00 - Music Memories (AR) | 17<br>**10:30 - Crafts w/Burton Wells (Bar)**<br>11:00 -St. Helena Church (CH)<br>2:00 - Bible Study (AR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Washington Word Search (AR) | 18<br>8:00 - Veteran's Breakfast (O)<br>**10:30 - TJ Maxx Shopping Trip (O)**<br>1:30 - Book Club (AR)<br>2:00 - Therapy Dog Visit<br>**3:00 - Happy Hour Birthday Bash (Bar)**<br>6:00 - Sudoku Puzzle (AR) | 19<br>10:30 - Thanksgiving Trivia<br>**12:00 - Thanksgiving Luncheon (DR)**<br>1:30 - Rosary w/St.Peters(PDR)<br>**3:00 - Happy Hour w/Mike Sweat (Bar)**<br>6:00 - Detective Puzzle (AR) | 20<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour<br>6:00 - Relaxing Coloring (AR) | 21<br>Independent Leisure<br>9:15 - Coffee & Chronicles<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar) |
| 22<br>Independent Leisure<br>9:30 - Church Service (Ch)<br>2:00 - Church Service w/St. Helena (Ch)<br>3:00 - Happy Hour (Bar)<br>6:00 - Jigsaw Puzzle Club (AR) | 23<br>10:30 - Bingo (AR)<br>**1:30 - Mystery Ride (O)**<br>3:00 - Happy Hour (Bar)<br>6:00 - Music Memories (AR)<br>6:00 - Smores in the Courtyard (CY) | 24<br>10:15 - Porch Chats (P)<br>11:00 - St. Helena Church (Ch)<br>2:00 - Bible Study (AR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Thanksgiving Desserts Word Search (AR) | 25<br>10:30 - Life Story (Bar)<br>**1:30 - Food Forum (AR)**<br>**2:00 - Resident Council (AR)**<br>2:00 -Therapy Dogs Visit<br>6:00 - Sudoku (AR) | 26<br>10:30 - Thanksgiving Leaves (AR)<br>1:30 - Rosary w/St.Peters (PDR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Thanksgiving Word Search<br>Thanksgiving Day (U.S.) | 27<br>10:30 - Sit & Fit (AR)<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar)<br>6:00 - Relaxation Coloring (AR) | 28<br>Independent Leisure<br>9:15 - Coffee & Chronicles<br>1:30 - Bingo (AR)<br>3:00 - Happy Hour (Bar) |
| 29 | 30<br>10:30 - Bingo (AR)<br>**1:30 - Walmart Shopping Trip (O)**<br>3:00 - Happy Hour (Bar)<br>6:00 - Music Memories (AR) |  | | | | |

**AR=Activity Room CH=Chapel PDR=Private Dining Room SNF DR=Skilled Dining room O=Outing CY=Courtyard **ACTIVITES ARE SUBJECT TO CHANGE DAILY**

# November 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>1:00- Nail Spa<br>2:00- St Helena Church<br>3:00- Happy Hour<br>5:00-Gospel sounds<br>Daylight Saving Time Ends | 2<br>10:30- Drinks / Chronicles<br>11:00- Leg Lifts<br>1:30- Fall Walk<br>2:30-Hole in One<br>3:30- Story Time<br>4:00- Coloring Leaves<br>5:00- Rolling Stones Music | 3<br>10:30- Drinks / Chronicles<br>11:00- Chair Fitness<br>1:30- Leaf Looking<br>2:30- Painting with Straws<br>3:30- Weird Laws<br>4:00- Fidgeting Fingers<br>5:00- Janis Joplin Music | 4<br>10:30-Drinks / Chronicles<br>11:00- Arm Curls<br>1:30- Walk Around<br>2:30- Ring Toss<br>3:30- Name 5<br>4:00- Sewrific<br>5:00- Johnny Cash Music | 5<br>10:30-Drinks / Chronicles<br>11:00- Knee Bends<br>1:30- Moving<br>2:30- Bank Shot<br>3:30- Memory Match<br>4:00- Building Blocks<br>5:00- Hank Williams Music | 6<br>**9:30- Kids & Connection**<br>11:00- Hike 'Em High<br>1:30- Patio Time<br>2:30 - Magnetic Magic<br>3:30- Painting<br>4:00- Puzzles<br>5:00- Motown Sounds | 7<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>11:30 - Sensory<br>3:00 Happy Hour<br>5:00- Dinner Sounds |
| 8<br>10:30 Drinks / Chronicles<br>11:00- Exercise<br>1:00- Nail Spa<br>2:00- St Helena Church<br>3:00 Happy Hour<br>5:00- Gospel sounds<br>Diwali (Hindi) | 9<br>10:30- Drinks / Chronicles<br>11:00- Stomp The Yard<br>1:30- Feed The Turtles<br>2:30- Laundry Day<br>3:30- Count the Cards<br>4:00- Word Find<br>5:00- Beach Music | 10<br>10:00- Drinks/Chronicles<br>11:00- Exercise<br>1:30- Neighborhood Watch<br>**2:00 - Veteran's Pinning Ceremony**<br>4:00- Kick Ball<br>5:00- Soft Sounds | 11<br>10:30- Drinks / Chronicles<br>11:00- Axe Throwing<br>1:30- Walk The Halls<br>2:00 - Alliance Therapy Dog<br>3:30- Sorting Colors<br>4:00- Coloring Poppies<br>5:00- Piano Music<br>Veterans Day | 12<br>10:30- Drinks / Chronicles<br>**12:00- Thanksgiving Lunch**<br>3:30- Building Blocks<br>4:00- Walk the Block<br>5:00 - Bird Sounds | 13<br>10:30-Juice & Jokes<br>11:00- Darts<br>1:30 - Moving Feet<br>2:30- I Spy<br>3:30 - Devotions<br>4:00- Match Me<br>5:00- Soothing Sounds | 14<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>11:30 - Sensory<br>3:00 Happy Hour<br>5:00- Dinner Sounds |
| 15<br>10:30 Drinks / Chronicles<br>11:00- Exercise<br>1:00- Nail Spa<br>2:00 St Helena Church<br>3:00- Happy Hour<br>5:00- Gospel sounds | 16<br>10:30- Drinks/ Chronicles<br>11:00- Toe Tapping<br>1:30- Stroll N Go<br>2:30- High Or Low<br>3:30- Target Practice<br>**4:00- Allie & the Katz**<br>5:00- Jazz Music | 17<br>10:30- Drinks / Chronicles<br>11:00- Ring The Rosey<br>1:30- Meet The Neighbors<br>2:30- Cards<br>3:30- Color a Pumpkin<br>4:00- Snack Social<br>5:00- R & B Music | 18<br>8:00 **Vet's Breakfast**<br>11:00- Chair Exercise<br>1:30- Outside Time<br>2:30- Arts & Crafts<br>3:30- Noodle Ball<br>4:00- Hands Up<br>5:00- Big Bands Music | 19<br>10:30- Drinks / Chronicles<br>3:30- Bean Bag Toss<br>4:00- Drumming<br>5:00- Drum Sounds | 20<br>10:30-Juice & Jokes<br>11:00- Balloon Bounce<br>1:30- Follow Your Feet<br>2:30- Pumpkin Pie<br>3:30- Devotions<br>4:00- Ring Toss<br>5:00- Classical Music | 21<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>11:30 - Sensory<br>3:00 Happy Hour<br>5:00- Dinner Sounds |
| 22<br>10:30 Drinks / Chronicles<br>11:00- Exercise<br>1:00- Nail Spa<br>2:00- St Helena Church<br>3:00- Happy Hour<br>5:00- Gospel sounds | 23<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>1:30- Inside Walk<br>2:30- Decorate a Pumpkin<br>3:30- Puzzles<br>4:00- Color Cornucopia<br>5:00- Celtic Music | 24<br>10:30 Drinks / Chronicles<br>11:00- Chair Yoga<br>1:30- Ambulation<br>2:30- Squirt Gun Painting<br>3:30- Ring Toss<br>4:00- Story Time<br>5:00- Patsy Cline Music | 25<br>10:30 Drinks / Chronicles<br>11:00- Leg Movement<br>1:30- On The Go<br>2:30 - Ball Bounce<br>3:30- Axe Throwing<br>4:00- Mazing<br>5:00- 70's Music | 26<br>10:30-Drinks / Chronicles<br>11:00- Kick Ball<br>1:30- Pumpkin Pie<br>2:30- Toss the pumpkin<br>3:00- Snack Social<br>4:00-Cone Zone<br>Thanksgiving Day (U.S.) | 27<br>10:30-Juice & Jokes<br>11:00- Hot Potato<br>1:30- Movin' Mountains<br>2:30- Movie & Popcorn<br>3:30 - Balloon Badminton<br>4:00- Connect the Dots<br>5:00- 60's Music | 28<br>10:30- Drinks / Chronicles<br>11:00- Exercise<br>11:30 - Sensory<br>3:00 Happy Hour<br>5:00- Dinner Sounds |
| 29<br>10:30 Drinks / Chronicles<br>11:00- Exercise<br>1:00- Nail Spa<br>2:00- St Helena Church<br>3:00- Happy Hour<br>5:00- Gospel sounds | 30<br>10:30- Drinks / Chronicles<br>11:00- Arm Bendies<br>1:30- Looking For Fish<br>2:30- Table Tennis<br>3:30- Darts<br>4:00- Hole in One<br>5:00- Sock Hop Sounds | | | | | |



Sprenger Healthcare 1810 Richmond Ave Port Royal SC 29935 843-781-7700 - Memory Care

*ALL ACTIVITIES ARE SUBJECT TO CHANGE*